# Alaa Abdullah Al-Ghamdi

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### Personal data

Date of birth: 7<sup>th</sup> may 1989 - 2<sup>nd</sup> Shawal 1409

Place of birth: Riyadh, Saudi Arabia.

Religion : Islam.
Nationality : Saudi.
Marital status : single.
Gender : Female.

#### **Education**:

- **2013**: B.S. as a doctor of pharmacy (Pharm. D) from the faculty of pharmacy at King Abdulaziz University (KAU), Jeddah, KSA.

# Work experiences:

- Teaching assistant at Dammam University- Dammam (11Dec 2014-Now)
- Pharmacist at King Fahd Armed Forces Hospital (KFAFH) Jeddah (18 Feb 2014 -27Nov 2014).
- Pharmacist at International Medical Center, Jeddah (10 Oct 2013-23Jan 2014).

## **Training:**

- **September 2012- June 2013**: internship for one academic year at King Faisal specialist hospital and research center (KFSHRC)- Jeddah.
- 2011: summer training for one month in the pharmacy department at King Fahd Armed Forces Hospital (KFAFH) Jeddah.
- 2010: summer training for one month in the pharmacy department at King Fahd Armed Forces Hospital (KFAFH) Jeddah.

#### **Certificates of attendance:**

- 2014: Basic life support (BLS) course- Jeddah, KSA.
- 2012-2013: Leadership training program (You Lead Club), Ithraa Group- Jeddah, KSA.
- 2011: 11th continuing pharmacy educational program -Jeddah, KSA.
- 2010:
  - The 8<sup>th</sup> international pharmaceutical conference and exhibition -Riyadh, KSA.
  - The 1st pharmacy career day -Jeddah, KSA.
  - Fluid, electrolyte and acid-base balance course Jeddah, KSA.
- 2009: Scientific research course- Jeddah, KSA.
- 2008:
  - 1st medical students' research day-Jeddah, KSA.
  - 2<sup>nd</sup> medical students' volunteer day-Jeddah, KSA.

#### Memberships and activities:

- The main director of Electronic Patient's Awareness Project (dawaona)

( www.Dawaona.com ).

- General coordinator of medical translation course 2014 Jeddah.
- General coordinator of AL Bayan Medical symposium 2013 -Jeddah.
- General coordinator of Medicine in Arabic symposium 2012 Jeddah.
- Representative of pharmacy department at KFSHRC in the Diabetes Awareness Day 2012 -Jeddah.
- Member of the organizing committee of 3<sup>rd</sup> Pharmacy Career day 2012 -Jeddah.
- Member of Saudi Pharmaceutical Society (SPS).

### **Publications:**

- Alahdal A, Abdel-Hameed M, **Alghamdi A**, Alamoudi D, Almehmadi K, Alhashmi R. Effect of Pioglitazone on The Bone Health of Diabetic Patients In Jeddah, KSA. Al-Azhar Journal of pharmaceutical sciences. September 2012; 1110-1644.

#### Skills:

- Leadership skills:
  - Assigned for the leadership of the class group in the pharmacy faculty for three academic years (2008 - 2010).
- Languages: Arabic (mother tongue) and English (IELTS grade in April 2013 = 6)
- Computer: Microsoft Office.
- Planning and organizing.
- Time management.
- Public speaking.

#### Awards and honors:

- First-place winner in graduation project competition June 2013, KAU, Jeddah.
- First-place winner in public speaking competition -Nov 2011, You Lead Club, Jeddah.
- Award for excellence in Medical Moral and Ethics Enhancement Team -2010.