



FACULTY FULL NAME: Nada Adnan AlMohaisen

POSITION: faculty member

Personal Data

Nationality | Saudi
Date of Birth | 04/08/1987
Department | Clinical Nutrition
Official IAU Email | nalmohaisen@iau.edu.sa
Office Phone No. | 0555912800

Language Proficiency

Language	Read	Write	Speak
Arabic	Excellent	Excellent	Excellent
English	Excellent	Excellent	Excellent
Others			

Academic Qualifications (Beginning with the most recent)

Date	Academic Degree	Place of Issue	Address
18-4-2024	PhD in Clinical Nutrition (Geriatric)	University of Manchester	United Kingdom
13-10-2021	Postgraduate certificate in Medical and Health Education	University of Manchester	United Kingdom
2013-12-4	Master of Science in Applied Human Nutrition	Oxford Brookes University	United Kingdom
10-2-2011	Bachelor in Clinical Nutrition	King Saud University	Saudi Arabia

PhD, Master or Fellowship Research Title: (Academic Honors or Distinctions)

PhD	Investigation of Malnutrition, Sarcopenia and Frailty in Middle-Aged and Older People aged 50 years and above using UK Biobank
Master	Effect of Cooked and Uncooked Porridge Oats on Glycemic Response and Glycemic Index
Fellowship	



Professional Record: (Beginning with the most recent)

Job Rank	Place and Address of Work	Date
Faculty member-	Imam Abdulrahman bin Faisal University	2024- present
Faculty member- Lecturer	Imam Abdulrahman bin Faisal University	2018-2014
Faculty member- Teaching Assistant	Imam Abdulrahman bin Faisal University	2012-2011

Administrative Positions Held: (Beginning with the most recent)

Administrative Position	Office	Date

Scientific Achievements

Published Refereed Scientific Researches

(In Chronological Order Beginning with the Most Recent)

#	Name of Investigator(s)	Research Title	Publisher and Date of Publication
1	Nada AlMohaisen, Matthew Gittins, Chris Todd, Sorrel Burden	What is the overlap between malnutrition, frailty and sarcopenia in the older population? Study protocol for cross-sectional study using UK Biobank	PLOS ONE 6 December 2022
2	Nada Almohaisen, Matthew Gittins, Chris Todd, Jana Sremanakova, Anne Marie Sowerbutts, Amal Aldossari , Asrar Almutairi, Debra Jones and Sorrel Burden	Prevalence of Undernutrition, Frailty and Sarcopenia in Community-Dwelling People Aged 50 Years and Systematic Above: Review and Meta-Analysis	Nutrients journal 7 April 2022

Refereed Scientific Research Papers Accepted for Publication

#	Name of Investigator(s)	Research Title	Journal	Acceptance Date

Scientific Research Papers Presented to Refereed Specialized Scientific Conferences

#	Name of Investigator(s)	Research Title	Conference and Publication Date
1	Nada AlMohaisen, Matthew Gittins, Chris Todd, Sorrel Burden	ESTIMATING THE PREVELANCE OF OLDER PEOPLE AT RISK OF UNDERNUTRITION, FRAILTY AND SARCOPENIA USING UK BIOBANK	ESPEN 2022, Austria



		STANDARDISED POPULATION LEVEL DATA	

Completed Research Projects

#	Name of Investigator(s) (Supported by)	Research Title	Report Date

Current Researches

#	Research Title	Name of Investigator(s)

Contribution to Scientific Conferences and Symposia

#	Conference Title	Place and Date of the Conference	Extent of Contribution
	Osteoporosis Symposium	14-15 March 2017 Mohamad AlMana College for Health Sciences	Presentation

Membership of Scientific and Professional Societies and Organizations

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Teaching Activities

Undergraduate

#	Course/Rotation Title	No./Code	Extent of Contribution (no. of lectures/Tutorials. Or labs, Clinics)
1	Medical Nutrition Therapy 1	NUTR 304	Teaching lab
2	Medical Nutrition Therapy Application	NUTR 408	Primary
3	Fitness and Sport Nutrition	NUTR 412	Primary
4	Malnutrition Diseases	NUTR	Primary
5	Enteral and Parenteral Nutrition	NUTR 308	Primary
6	Nutrition Status Assessment	NUTR 211	Primary
7	Basics of Human Nutrition	NUTR 202	Secondary
8	Nutrition Education and Counseling	NUTR 301	Secondary
9	Geriatric Nutrition	NUTR 403	Primary
10	Clinical Rotation in Dietetics 2	NUTR 408	Primary

Brief Description of Undergraduate Courses Taught: (Course Title - Code: Description)



Postgraduate

#	Course/Rotation Title	No./Code	Extent of Contribution (no. of lectures/Tutorials. Or labs, Clinics)
1			
2			

Brief Description of Postgraduate Courses Taught: (Course Title – Code: Description)

1	
2	

Course Coordination

#	Course Title and Code	Coordination	Co-coordination	Undergrad.	Postgrad.	From	To

Guest/Invited Lectures for Undergraduate Students

#	Activity/Course Title and Code	Subject	College and University or Program	Date

Student Academic Supervision and Mentoring

#	Level	Number of Students	From	To

Supervision of Master and/or PhD Thesis

#	Degree Type	Title	Institution	Date

Ongoing Research Supervision

#	Degree Type	Title	Institution	Date



Administrative Responsibilities, Committee and Community Service (Beginning with the most recent)

Administrative Responsibilities

#	From	To	Position	Organization

Committee Membership

#	From	To	Position	Organization

Scientific Consultations

#	From	To	Institute	Full-time or Part-time

Volunteer Work

#	From	To	Type of Volunteer	Organization

Personal Key Competencies and Skills: (Computer, Information technology, technical, etc.)

1	
2	



Last Update

...14.... / ...9.. /2025