# Seham Fahad Al.Rashedi

Lecturer

#### Personal Data

Nationality | Saudi

Date of Birth | 2-11-1988

Department | Fundamentals of Nursing (Medical-Surgical Nursing)

Official UoD Email | sfalrashidy@uod.edu.sa

Office Phone No. | 0509009411

#### Language Proficiency

Language	Read	Write	Speak
Arabic	✓	✓	✓
English	✓	✓	✓

#### Academic Qualifications (Beginning with the most recent)

Date	Academic Degree	Place of Issue	Address
14-8-2016	Master degree of medical-surgical nursing	University of Dammam	Dammam-KSA
10-8-2010	Bachelor degree in Nursing	University of Dammam	Dammam-KSA

#### PhD, Master or Fellowship Research Title: (Academic Honors or Distinctions)

Master	Effectiveness of Intra-dialytic Leg Exercise on Dialysis Efficacy among Patients undergoing		
	Hemodialysis		

#### Professional Record: (Beginning with the most recent)

Job Rank	Place and Address of Work			Date
Demonstrator	University of	Dammam	Saudi Arabia	9-1-1433
	Dammam			

#### Administrative Positions Held: (Beginning with the most recent)

Administrative Position	Office	Date
Co-Chairperson of Demonstrator, scholarship and Postgraduate Unit.	UOD	29 Sep. 2016
Academic Advisor	UOD	Sep.2016

#### Scientific Achievements

# Refereed Scientific Research Papers Accepted for Publication

#	Name of Investigator(s)	Research Title	Journal
	Main Researcher	Evaluation of the Efficacy of Diabetic Education	Journal of Family
	Dr. Fatma Mokabel	Program for Non-Insulin Dependent (Type 2) Diabetic:	and Medicine
	Assistants:	Predictors of Compliance	
	Dr. Hanan Elkefafi		
	Dr. Shadia Abualazm		
	Dr. Mona Alqahtani		
	Mrs. Seham Al.Rashedi		
	Mrs. Fatima Zainaldeen		

# **Completed Research Projects**

#	Name of Investigator(s) (Supported by)	Research Title	Report Date
	Main Researcher: Seham Al.Rashedi Supervisor: Dr. Mervat Adham	Effectiveness of Intra-dialytic leg Exercise on Dialysis Efficacy among Patients Undergoing Hemodialysis	Sep.2016

#### Contribution to Scientific Conferences and Symposia

#	Conference Title	Place and Date of the Conference	Extent of Contribution
	Research Methodology Course	KFHU	Participant
	ECG Workshop from Basic to Advance.	KFHU	Delegate
	Essential Skills of Health Profession Education (Teaching & Learning)	UOD	Delegate
	Essential Skills of Health Profession Education 2nd Module (Curriculum Development).	UOD	Delegate
	TOEFL training course.	UOD	Participant
	OSCE: The Art & Science.	UOD	Participant
	The 4th Saudi Society For Respiratory Care's Scientific Conference.	UOD	Delegate

Palliative Care Perspective of Pain management Workshop.	KFSH-D	Participant
Introduction to Research.	UOD	Participant
Assertiveness Training.	KFSH-D	Participant
Bone Marrow Transplant.	KFSH-D	Participant

# **Teaching Activities**

# Undergraduate

#	Course/Rotation Title	No./Code	Extent of Contribution (no. of lectures/Tutorials. Or labs, Clinics)
1	Fundamentals of Nursing	1610-411	Labs, and Clinical
2	Medical Surgical Nursing	1610-312	Lectures, Labs, clinical
3	Obstetrics and gynecological Nursing	(1610-322).	Labs, Clinical
4	Nursing Management and Leadership	(1610-421).	Clinical
5	Psychiatric and Mental Health Nursing	(1610-331).	Clinical
6	Critical Care Nursing	(1610-412).	Labs, Clinical

# Student Academic Supervision and Mentoring

#	Level	Number of Students	From	to
1	5th level	10	Sep.	present

# Administrative Responsibilities, Committee and Community Service

(Beginning with the most recent)

#### Administrative Responsibilities

#	From	То	Position	Organization
1	Sep. 2016	Present	Co-Chairperson	Demonstrator, scholarship and post graduate
				unit

# Volunteer Work

#	From	То	Type of Volunteer	Organization
1	2013	Present	Community Services	Saudi Diabetes and Endocrine Association.
2	2013	Present	Community Services	Rahma Organization.

# Personal Key Competencies and Skills: (Computer, Information technology, technical, etc.)

1	Very good computer knowledge.	
2	Fluent in English.	
3	Excellent communication skills and very good as a leader.	

# Last Update

7/ Dec/2016