

# Dr. Atta Abbas Naqvi

LECTURER

#### Personal Data

Nationality | Pakistan

Department | Pharmacy Practice

Official UoD Email | aaghulam@uod.edu.sa

#### Academic Qualifications (Beginning with the most recent)

Date	Academic Degree	Place of Issue	
2013	Masters in Medicines Management	University of Sunderland, United Kingdom	
2010	Doctor of Pharmacy	Ziauddin University, Pakistan	

#### Professional Record: (Beginning with the most recent)

Job Rank	Place and Address of Work	Date
Lecturer	College of Clinical Pharmacy, Imam Abdulrahman Bin Faisal University,	09/12/2015
Dammam, Saudi Arabia		
Assistant Professor	Faculty of Pharmacy, Hamdard University, Karachi, Pakistan	01/04/2015 to
		15/09/2015
Pharmacy Manager	Clifton Hospital, Karachi, Pakistan	10/12/2014 to
		31/03/2015
Assistant Professor & Faculty of Pharmacy, Ziauddin University & Dr Ziauddin University		01/11/2013 to
Clinical Pharmacist	Hospital, Karachi, Pakistan	31/10/2014
Senior Lecturer	Faculty of Pharmacy, Ziauddin University, Karachi, Pakistan	11/07/2013 to
		30/11/2013
Pharmacist	Clifton Hospital, Karachi, Pakistan	09/05/2011 to
		10/07/2013
Officer Regulatory Affairs	PharmEvo (Pvt) Limited., Pakistan	29/12/2010 to
		06/05/2011

#### Scientific Achievements

Published Refereed Scientific Researches



1.	Fatima Zehra, Atta Abbas Naqvi, Sumbul Tasneem, Rizwan Ahmad, Niyaz Ahmad, Adnan Zia Shamsi, Naqiya Ali Asghar, Ghufran
	Ullah Khan. Brand versus generic preference for 3rd generation fluoroquinolone antibiotics ciprofloxacin, levofloxacin and
	moxifloxacin in pharmacies of Karachi, Pakistan. International Journal of Pharmaceutical Investigation. 2017; 7(2).
2.	Rizwan Ahmad, Niyaz Ahmad, <b>Atta Abbas Naqvi</b> . Ziziphus Oxyphylla: Ethnobotanical, ethnopharmacological and phytochemical review. Biomedicine and Pharmacotherapy. 2017; 91:970-998.
3.	Niyaz Ahmad, Md Aftab Alam, Rizwan Ahmad, <b>Atta Abbas Naqvi</b> & Farhan Jalees Ahmad. Preparation and characterization of surface-modified PLGA-polymeric nanoparticles used to target treatment of intestinal cancer, Artificial Cells, Nanomedicine, and Biotechnology. (2017)
4.	Fatima Al Rasheed, <b>Atta Abbas Naqvi</b> , Rizwan Ahmad, Niyaz Ahmad, Mastour Safer Al Ghamdi. Academic stress and prevalence of stress related self medication among undergraduate female students of health and non health cluster colleges in a public sector university in Dammam, Saudi Arabia. Indian Journal of Pharmaceutical Education and Research. 2017; 51(3).
5.	<b>Atta Abbas Naqvi</b> , Fatima Zehra, Nabeel Khan, Rizwan Ahmad, Niyaz Ahmad, Ken McGarry. Interactions and conflicts of interests between Prescribers and Medical Sales Representatives (MSRs) regarding prescribing and drug promotion practices in Karachi, Pakistan. Pakistan Journal of Pharmaceutical Sciences. In press.
6.	Niyaz Ahmad, Rizwan Ahmad, <b>Atta Abbas Naqvi</b> , Md Aftab Alam, Rehan Abdur Rub, Farhan Jalees Ahmad. Degradation Kinetic and Pharmacokinetic Studies of Quercetin Chitosan Nanoparticles Using Validated Ultra High Performance Liquid Chromatography– Synapt Mass Spectrometry (UPLC-MS/MS-ESI-Q-TOF). Current Pharmaceuticaal Analysis. 2017; 13.
7.	Rizwan Ahmad, <b>Atta A Naqvi</b> , Niyaz Ahmad, Mohamed Baraka, Mohammad Mastour, Saleh Al Sharedah, Shatha Al Ghamdi, Ghada Al Rabae, Mastour S Al Ghamdi. Awareness, perception, attitude, and knowledge regarding complementary and alternative medicines (cams) among the pharmacy and medical students of a public university in Saudi Arabia. Arch Pharma Pract. 2017; 8: 51-63.
8.	<b>Atta Abbas Naqvi</b> , Fatima Zehra, Syed Baqir Shyum Naqvi, Rizwan Ahmad, Niyaz Ahmad, Saman Usmani, Sehrish Badar, Ishrat Younus, Sarah Jameel Khan. Migration trends of pharmacy students of Pakistan: A study investigating the factors behind brain drain of pharmacy professionals from Pakistan. Indian Journal of Pharmaceutical Education and Research. 2017; 51(2):192-206.
9.	Niyaz Ahmad, Rizwan Ahmad, <b>Atta Abbas Naqvi</b> , Md Aftab Alam, Mohammad Ashafaq, Zeenat Iqbal, and Farhan Jalees Ahmad. Isolation, characterization, and quantification of curcuminoids and their comparative effects in cerebral ischemia. Journal of Liquid Chromatography & Related Technologies. 2017; 40. 3.
10.	<b>Atta Abbas Naqvi</b> , Fatima Zehra, Rizwan Ahmad, Niyaz Ahmad. Developing a research instrument to document Awareness, Knowledge, and Attitudes regarding Breast cancer and early detection techniques for Pakistani women: The breast cancer inventory (BCI). Diseases. 2016; 4. 37.



11.	<b>Atta Abbas Naqvi</b> , Nida Yazdani, Rizwan Ahmad, Fatima Zehra, Niyaz Ahmad. Epidemiology of primary amoebic meningoencephalitis-related deaths due to Naegleria fowleri infections from freshwater in Pakistan: An analysis of 8-year dataset. Archives of Pharmacy Practice. 2016; 7(4): 119-129.
12.	Atta Abbas Naqvi, Syed Baqir Shyum Naqvi, Fatima Zehra, Rizwan Ahmad, Niyaz Ahmad. The cost of poliomyelitis: Lack of cost of illness studies on poliomyelitis in Pakistan. Archives of Pharmacy Practice. 2016; 7(4): 182-184.
13.	Niyaz Ahmad, Rizwan Ahmad, <b>Atta Abbas Naqvi</b> , Md Aftab Alam, Mohd Samim, Zeenat Iqbal, Farhan Jalees Ahmad. Quantification of Rutin in Rat's Brain by UHPLC/ESI-Q-TOF-MS/MS after Intranasal Administration of Rutin Loaded Chitosan Nanoparticles. EXCLI Journa. 2016; 15: 518-531.
14.	Niyaz Ahmad, Rizwan Ahmad, <b>Atta Abbas Naqvi</b> , Mohammad Ashafaq, Md Aftab Alam, Farhan Ahmad, Mastour Safer Al-Ghamdi. The effect of safranal loaded mucoadhesive nanoemulsion on oxidative stress markers in cerebral ischemia. Artificial Cells, Nanomedicine, and Biotechnology, 45:4, 775-787.
15.	Rizwan Ahmad, Niyaz Ahmad, <b>Atta Abbas Naqvi</b> , Paul Cos, Louis Maes, Sandra Apers, Nina Hermans, Luc Pieters. Anti-infective, cytotoxic and antioxidant activity of Ziziphus oxyphylla and Cedrela serrata. Asian Pacific Journal of Tropical Biomedicine. 2016; 6(8): 671-676.
16.	Niyaz Ahmad, Rizwan Ahmad, <b>Atta Abbas Naqvi</b> , MD Aftab Alam, Mohammad Ashafaq, Zeenat Iqbal, Farhan Jalees Ahmad. Rutin-encapsulated chitosan nanoparticles targeted to the brain in the treatment of cerebral ischemia. International Journal of Biological Macromolecules. 2016; 91: 640-655.
17.	Amna Shah, <b>Atta Abbas Naqvi</b> , Rizwan Ahmad. The need for providing pharmaceutical care in geriatrics: A case study of diagnostic errors leading to medication-related problems in a patient treatment plan. Archives of Pharmacy Practice. 2016. 7(3): 87-94.
18.	<b>Atta Abbas Naqvi</b> , Rizwan Ahamd, Omar Qadeer, Muhammad Hassan Khan, Muhammad Nehal, Madiha Alim. The prevalence of self medication and factors influencing its practice in pharmacy students of Karachi, Pakistan: A mix mode study. Journal of Young Pharmacists. 2016; 8(3): 230-238.
19.	Rizwan Ahmad, Niyaz Ahmad, <b>Atta Abbas Naqvi</b> , Adeeb Shehzad, Mastour Safer Al-Ghamdi. Role of traditional Islamic and Arabic plants in cancer therapy. Journal of Traditional and Complementary Medicine. 2017. 7: 195-204.
20.	Nabeel Khan, <b>Atta Abbas Naqvi</b> , Rizwan Ahmad, Farrukh Rafiq Ahmed, Ken McGarry, Raafia Yousuf Fazlani, Mahrukh Ahsan. Perceptions and Attitudes of Medical Sales Representatives (MSRs) and Prescribers Regarding Pharmaceutical Sales Promotion and Prescribing Practices in Pakistan. Journal of Young Pharmacists. 2016; 8(3): 244-250.



- 21. **Naqvi AA**, Naqvi SBS, Shahid S, Yazdani N. Barriers to rehabilitation treatment among poliomyelitis infected patients in Karachi, Pakistan: A mix-methods study. Khyber Med Univ J 2016; 8(1): 12-21.
- 22. Rizwan Ahmad, Niyaz Ahmad, **Atta Abbas Naqvi**, Vassiliki Exarchou, Atul Upadhyay, Emmy Tuenter, Kenn Foubert, Sandra Apers, Nina Hermans and Luc Pieters. Antioxidant and Antiglycating Constituents from Leaves of Ziziphus oxyphylla and Cedrela serrata. Antioxidants. 2016; 5(9).
- 23. **Atta Abbas Naqvi**. Evolution of clinical pharmacy teaching practices in Pakistan. Archives of Pharmacy Practice. 2016; 6(1): 26-27.
- 24. Atta Abbas, Hira Nasir, Anum Zehra, Anum Noor, Bisma Siddqui, Fareeha Abdul Jabbar. Assessment of Depression as Comorbidity in Diabetes Mellitus Patients using Beck Depression Inventory II (BDI II) Scale. Journal of Young Pharmacists. 2015; 7(3): 206-216.
- 25. **Atta Abbas**, Syed Ata Rizvi, Rabiya Hassan, Nasar Aqeel, Marium Khan, Anum Bhutto, Zarmeena Khan, Zainab Mannan. The prevalence of depression and its perceptions among undergraduate pharmacy students. Pharmacy Education. 2015. 15(1): 57-63.
- <sup>26.</sup> **Atta Abbas,** Bharti Kachela, Javeria M Arif, Khush Bakht Tahir, Nadia Shoukat, Naveen Barkat Ali.\_Assessment of medication adherence and knowledge regarding the disease among ambulatory patients with diabetes mellitus DM in Karachi, Pakistan. Journal of Young pharmacists. 2015. 7(4): 328-340.
- 27. **Atta Abbas**, Farrukh Rafiq Ahmed, Raafia Yousuf, Nabeel Khan, Zeb-un-Nisa, Syed Imran Ali, Mehwish Rizvi, Arif Sabah, Sidra Tanwir. The prevalence of psychoactive stimulants and antidepressants among undergraduate pharmacy students of Pakistan. Trop J Pharm Res. 2015. 14(3): 527-532.
- 28. Nida Yazdani, **Atta Abbas**. Pakistan adopts defensive strategies against Ebola contagion. Archives of Pharmacy Practice. 2015. 6(1): 13-15.
- 29. Atta Abbas, Farrukh Rafiq Ahmed, Mehwish Rizvi, Muhammad Hassan Khan, Bharti Kachela. Evaluation of drug dispensing practices by pharmaceutical drug retailers in Pakistan. World Journal of Pharmaceutical Research. 2015. 4(2):189-197.
- <sup>30.</sup> **Atta Abbas**, Amna Shah, Nabeel Khan, Hira Nasir, Muhammad Hassan Khan. Perception of patient's care givers regarding clinical pharmacists and their practice in a developing country. International Journal of Pharmacy and Pharmaceutical Sciences. 2015. 7(2): 168-173.
- <sup>31.</sup> Mudassar Hussain, Syed Baqir Shyum Naqvi, Maqsood Ahmed Khan, Mehwish Rizvi, Shazia Alam, **Atta Abbas**, Muhammad Akram. Direct Cost of Treatment of Diabetes Mellitus Type 2 in Pakistan. International Journal of Pharmacy and Pharmaceutical Sciences. 2014. 6(11): 261-264.
- 32. Mehwish Rizvi, Baqir Shyum Naqvi, Atta Abbas. Financial burden of pulmonary tuberculosis



	(TB) in Pakistan. World Journal of Pharmaceutical Research. 2015. 4(2): 65-78.
33.	<b>Atta Abbas.</b> Evidence based improvements in clinical pharmacy clerkship program in undergraduate pharmacy education: The evidence based improvement (EBI) initiative. Pharmacy. 2(4): 270-275.
34.	<b>Atta Abbas</b> , Nabeel Khan. Clinical trials involving pharmacists in Pakistan's health care system: A leap from paper to practice. 2014. Pharmacy. MDPI Publications, Basel, Switzerland. 2(3): 244-247.
35.	<b>Atta Abbas.</b> The catch-22 of pharmacy practice in Pakistan's pharmacy education. 2014. Pharmacy. MDPI Publications, Basel, Switzerland. 3(2): 202-204.
36.	<b>Atta Abbas</b> , Fatima Zehra. The plague of polypharmacy in Pakistan. 2014. Medical Science. 10(36): 14-15.
37	Atta Abbas, Fatima Zehra. From freshman incepticon to sophomore decepticon. 2014. Medical Science. 10(36): 8-9.
38.	Nabeel Khan, <b>Atta Abbas</b> , Ken McGarry, Sadaf Shahid. Perception of health care professionals regarding integration of clinical pharmacists in health practices. A survey of hospitals of Karachi, Pakistan. 2014. International Journal of Allied Medical Science and Clinical Research. 2(3): 222-234.
39.	Atta Abbas, Arif Sabah, Farrukh Rafiq Ahmed, Sidra Tanwir. Views of health care professionals regarding different types of commercially available insulins. Journal of Biotechnology Science Research. 2014. 1(1): 1-8.
40.	Raafia Yousuf, Sidra Tanwir, <b>Atta Abbas</b> . Lucinactant: A new solution in treating neonatal respiratory distress syndrome (NRDS). 2014. Inter J of Allied Med Sci and Clin Res. 2(2): 92-96.
41.	Sadaf Shahid, <b>Atta Abbas</b> , Arif Sabah, Sidra Tanwir, Farrukh Rafiq Ahmed, Shazia Adnan and Syed Imran Ali. The knowledge and practices of physicians regarding pharmacotherapy of obesity: The current scenario in Pakistan. 2014. Inter J of Res in Pharmacology and Pharmacotherapeutics. 3(1): 53-59.
42.	Mehwish Rizvi, <b>Atta Abbas</b> , Sidra Tanwir, Arif Sabah. The clinical management of patients with polycystic ovarian syndrome PCOS in Pakistan: A case control study. 2014. J of Pharmacreations. 1(1); 17-21.
43.	Syed Ata Rizvi, Sadaf Shahid, <b>Atta Abbas</b> , Sidra Tanwir, Shazia Adnan, Arif Sabah, Wafa Saghir, Khizar Jabbar, Asma Qadri and Amna Bibi Knowledge, experience and perception of physicians regarding pharmacotherapy of obesity: A survey of Pakistan. 2014. Inter J of Pharmacotherapy 4(2); 80-85.
44.	Mehwish Rizvi, <b>Atta Abbas</b> , Sidra Tanwir, Arif Sabah, Zeenat Mansoor Ali, Mehwish Murad Sundrani, Sabahat Arif, Afrah Afzal and Hira Atiq Mir. Perception and attitude of patients regarding polycystic ovarian syndrome (PCO) in tertiary care hospitals of Pakistan. A survey based study. 2014. Inter J of Pharm & Ther. 5(3); 147-152.



45.	Shazia Adnan, Sidra Tanwir, <b>Atta Abbas</b> , Anwar Ejaz Beg, Arif Sabah, Hammad Safdar, Maria Moin, Rasheeda Fatima, Komal Mobeen and Muffrah Shams. Perception of physicians regarding patient counselling by pharmacist: A blend of quantitative and qualitative insight. 2014. Inter J of Pharm & Ther. 5(2); 117-121.
46.	Atta Abbas and Farrukh R. Ahmed. Icosapent ethyl: A novel drug for Hypertriglyceridemia. 2013. El Med J. 2(1); 28-29.
47.	Atta Abbas. The association between type II Diabetes Mellitus and Parkinson's disease: A case report. 2013. El Med J. 2(1); 36-37.
48.	Atta Abbas. The association of dyslipidemia with osteoporosis: A case study 2013. El Med J. 1(3); 82-83.

#### Books authored

#	Author(s)	Title	Publisher	City, Country	Edition, Year
1.	Atta Abbas Naqvi Ken McGarry	Polypharmacy in Pakistan	Lap Lambert	Saarbrucken,	1 <sup>st</sup> , 2014
2.	Rizwan Ahmad Niyaz Ahmad Atta Abbas Naqvi	Role of Traditional Islamic and Arabia Plants in Cancer Therapy	Publishing Corp.		1 <sup>st</sup> , 2017

# Membership of Scientific and Professional Societies and Organizations

• Royal Pharmaceutical Society of Great Britain, London, United Kingdom (# 9588656)



#### Teaching Activities

# Undergraduate

#	Course/Rotation Title	No./Code
1.	Pharmacy Management	CLPH 510
2.	Self Care and Non Prescription Drugs	CLPH 511
3.	Total Parenteral Nutrition (TPN)	CLPH 505
4.	Law and Ethics in Pharmacy	CLPH 501
5.	Institutional Pharmacy Practice	CLPH 409
6.	Therapeutics – 1	CLPH 405
7.	Pharmaceutical Care – 1	CLPH 313

# Student Academic Supervision and Mentoring

Level	Number of Students	From	То
Undergraduate	4	17/09/2016	20/06/2017

#### Committee Membership

#	From	То	Position
1.	01/04/2017	Ongoing	Member, Sub-steering Committee for Self Evaluation Process

#### Volunteer Work

#	From	То	Type of Volunteer	Organization
1.	01/01/2014	01/04/2014	Visiting Faculty Clinical	National Institute of Blood Disease and Bone Marrow
			Pharmacy Training Course	Transplantation (NIBD)

# Symposium

#	Date	Symposium Attended
1.	28/04/2016	World Day for Safety and Health at Work Symposium "Stress at Workplace: A collective Challenge". Saudi Commission for Health Specialities (AC # 16000007982), 28th April, 2016. University of Dammam, Dammam, Saudi Arabia. 7 CME/PD Credit Hours &Certificate



# Workshop

#	Date	Workshops Attended	Organized by
1.	04/05/2016	InCites: Performance Evaluation: Reports generation	
2.	12/10/2016	Research Methodology	Thomson Reuters
3.	05/05/2016	Bibliographic search, publishing methodology and Bibliography management	
4.	05/10/2016	How to Prepare for A Conference	
5.	27/12/2016	Writing Research Article	Deanship of Library Affairs IAU
6.	20/10/2016	The pursuit of Excellence in mentoring in Higher Education	
7.	27/10/2016	Alternative and Effective Assessment Methods (Performance Assessments,	Deanship of Education
/.		Portfolio and Projects)	Development
8.	24/02/2016	Learning outcomes for programs and courses	

# English Language Proficiency

Date	Reg.#	Test			Results	
	003209	IELTS				Overall 7.5 Bands (Very good
01/08/2015		Listening 8	Reading	Writing	Speaking	user)
			6.5	7.5	7.5	