



# FACULTY FULL NAME: Hager Elhabiby

## POSITION:

### Personal Data

Nationality | Egyption

Date of Birth | 25/9/1985

Department | ASSISTANT AND SUPPORTIVE SUBJECTS

Official UoD Email | [haabdellatif@iau.edu.sa](mailto:haabdellatif@iau.edu.sa)

Phone No. | 0547974322

### Language Proficiency

Language	Read	Write	Speak
Arabic	excellent	excellent	excellent
English	Very good	Very good	Very good
Others			

### Academic Qualifications (Beginning with the most recent)

Date	Academic Degree	Place of Issue	Address
2013	Ph.D	Helwan University	Egypt
2010	Master's	Helwan University	Egypt
2007	Bachelor's	Helwan University	Egypt

### PhD, Master or Fellowship Research Title: (Academic Honors or Distinctions)

PhD	The effect of a program for popular and movement games on hyperactivity and attention deficit among primary school children
Master	The effect of dance therapy on improving urinary incontinence and social adaptation in the elderly
Fellowship	NA



### Professional Record: (Beginning with the most recent)

Job Rank	Place and Address of Work		Date
Assistant Professor	Science and Humanities collage	KSA	2017
Assistant Professor	Faculty of physical Education	EGY	2017
Doctor teacher	Faculty of physical Education	EGY	2013
assistant teacher	Faculty of physical Education	EGY	2010
lecturer	Faculty of physical Education	EGY	2007

### Administrative Positions Held: (Beginning with the most recent)

Administrative Position	Office	Date

### Scientific Achievements

#### Published Refereed Scientific Researches

(In Chronological Order Beginning with the Most Recent)

#	Name of Investigator(s)	Research Title	Publisher and Date of Publication
1	Mona Soleiman1,* , Ahmed Alkilany1 , Hager Al-Sayed2 , Reda Abdelsalam	The Impact of mobile phone fitness applications on the level of physical fitness and psychological well-Bing during COVID-19 : The case of university student	Journal Of education and health promotion Online :2319-640 Print ISSN: 2277-9531 Q3
2	Mona Soleiman1,* , Ahmed Alkilany1 , Hager Al-Sayed2 , Reda Abdelsalam	Effectiveness of Zumba Exercises Training on the Physical and Health Course Outputs among University Students	International Journal of Human Movement and Sports Sciences (2 :(316-323 ,2021 <a href="http://www.hrpub.org">http://www.hrpub.org</a> DOI : 10.13189/saj.2021.090220 Q4
3	Dr. Hager Abdel Hady Al-Sayed Abdel Latif - Dr. Haifa Al-Qahtani	Measuring the change in the level of compatibility with university life effect of applying Pilates therapeutic program	Palestine university for research and studies journal Release Notes: March - Volume 1 - No. 1 - 2019 - E 00.
4	Hager Elhabiby	The effectiveness of combining aerobic dancing and hathayoga on the hormones adrenaline and beta-endorphin and the level of...	International Scientific Journal of Sports Sciences/2017
5	Hager Elhabiby	The effect of hypoxia training on the hormone erythropoietin and lactic acid among female students.	Scientific conference International School of Sports Sciences, College of Physical Education, Gezira/9/2016
6	Hager Elhabiby	The effect of Zumba on the university competency of female	International Scientific Journal of Sports Sciences/6/2015



		students in the College of Physical Education	
7	Hager Elhabiby	The effectiveness of innovative play on improving the social competence of kindergarten children	International Scientific Journal of Sports Sciences 12/2014

### Refereed Scientific Research Papers Accepted for Publication

#	Name of Investigator(s)	Research Title	Journal	Acceptance Date

### Scientific Research Papers Presented to Refereed Specialized Scientific Conferences

#	Name of Investigator(s)	Research Title	Conference and Publication Date
1	Hager Elhabiby	The effect of hypoxia training on the hormone erythropoietin and lactic acid among female students	Scientific conference International School of Sports Sciences, College of Physical Education, Gezira/9/2016

### Completed Research Projects

#	Name of Investigator(s) (Supported by)	Research Title	Report Date

### Current Researches

#	Research Title	Name of Investigator(s)
1		

### Contribution to Scientific Conferences and Symposia

#	Conference Title	Place and Date of the Conference	Extent of Contribution
1	“The Impact of AI on E-Learning - Engaging with ChatGPT, Bard, and New AI Open Sources.”	National Center for E-Learning 20/3/2023	audience



2	Digital Transformation Forum in Education "Reality and challenges"	World Federation of Arab and Islamic International Schools With cooperation The Islamic University of India 16-17/3/2022	audience
3	Sports training between theory and practice	Institute of Research, Studies and Consulting Services Prince Saltam bin Abdulaziz University (Within the Quality of Life Program)	preparation And Submission
4	A workshop to review and develop drafts of specialized frameworks for general education curriculum standards	Education in the Eastern Province, Movenpick Hotel, Al Khobar 27/2/1439 هـ	Attendance and participation

### Membership of Scientific and Professional Societies and Organizations

- **Member of the website improvement committee at the College of Sciences and Humanities**
- **Member of the Program Development Committee at the College of Sciences and Humanities**
- **Member of the Sports Sciences and Physical Efforts Program Committee**
- **Coordinator of the Professional Examinations Initiative at the College of Sciences and Humanities**
- **Member of the Executive Committee of the Marhaba Initiative**
- **Member of the training workshops judging committee**
- **Coordinator of the Active Learning Committee**
- **Coordinator of the e-learning committee**
- **Coordinator of the Quality and Academic Accreditation Committee**
- **Executive member / Quality Assurance Unit / College of Physical Education**
- **Executive member/IT Unit at the College of Physical Education**
- **Executive member/Unit of the Committee for Preparation and Evaluation of Bachelor's Level Quality Files/College of Physical Education**
- **Executive member/Unit of the Media and Publicity Committee/College of Physical Education**
- **Executive member of the academic guidance team for bachelor's degree students**
- **Executive member/athletic aptitude examination committees for accepting new female students at the College of Physical Education**



## Teaching Activities

### Undergraduate

#	Course/Rotation Title	No./Code	Extent of Contribution (no. of lectures/Tutorials. Or labs, Clinics)
1	Health and fitness		Teaching/preparing the subject file/setting and correcting exams
2	Child health and nutrition		Teaching/preparing the subject file/setting and correcting exams
3	Physical and health education		Teaching/preparing the member file and the subject file
4	Art and movement education		Teaching/preparing the subject file/setting and correcting exams

### Brief Description of Undergraduate Courses Taught: (Course Title – Code: Description)

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### Postgraduate

#	Course/Rotation Title	No./Code	Extent of Contribution (no. of lectures/Tutorials. Or labs, Clinics)
1			

### Brief Description of Postgraduate Courses Taught: (Course Title – Code: Description)

1
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### Course Coordination

#	Course Title and Code	Coordinati on	Co- coordination	Undergr ad.	Postgrad .	From	To

### Guest/Invited Lectures for Undergraduate Students

#	Activity/Course Title and Code	Subject	College and University or Program	Date



### Student Academic Supervision and Mentoring

#	Level	Number of Students	From	To

### Supervision of Master and/or PhD Thesis

#	Degree Type	Title	Institution	Date

### Ongoing Research Supervision

#	Degree Type	Title	Institution	Date

### Administrative Responsibilities, Committee and Community Service (Beginning with the most recent)

#### Administrative Responsibilities

#	From	To	Position	Organization

#### Committee Membership

#	From	To	Position	Organization
1	2019	2023	Executive member	Member of the Sports Sciences and Physical Efforts Program Committee
2	2012	Till now	Executive member	Coordinator of the Professional Testing Initiative
3	2012	Till now	Executive member	Member of the Executive Committee of the MARHABA Initiative
4	2022	Till now	Executive member	Member of the training workshops jury
5	2023	Till now	Executive member	Program Development Committee

#### Scientific Consultations

#	From	To	Institute	Full-time or Part-time



## Volunteer Work

#	From	To	Type of Volunteer	Organization
1	16 /12 / 1438	25 / 12 /1438	Seminars and workshops	Participation in a “workshop to review and develop drafts of specialized frameworks for general education curriculum standards,” Movenpick Hotel, Al-Khobar.
2	10 /1 / 1440	10 /1 / 1440	Seminars and workshops	“First Aid” workshop at Zainab Bint Khuzaymah School in Jalmudah district
3	28 /2 /1445	28 /2 /1445	Seminars and workshops	“First Aid” workshop at the Qur’anic Teachers’ Preparation Institute

## Personal Key Competencies and Skills: (Computer, Information technology, technical, etc.)

1	She holds the International Computer Science License
2	

## Last Update

...6./11/2023