



FACULTY FULL NAME: Hussah Mohammad Abdullah AlTwejry

POSITION: Demonstrator

Personal Data

Nationality | Saudi

Date of Birth | 23 March 1994

Department | Clinical Nutrition

Official IAU Email | hmaaltwejry@iau.edu.sa

Office Phone No. | -

Language Proficiency

| Language | Read | Write | Speak |
|----------|------|-------|-------|
| Arabic | ✓ | ✓ | ✓ |
| English | ✓ | ✓ | ✓ |
| Others | | | |

Academic Qualifications (Beginning with the most recent)

| Date | Academic Degree | Place of Issue | Address |
|--------------|--------------------------------|--|-------------------------|
| 10 July 2017 | Bachelor of Clinical Nutrition | Imam Abdulrahman Bin Faisal University | Kingdom of Saudi Arabia |

PhD, Master or Fellowship Research Title: (Academic Honors or Distinctions)

| | |
|------------|--|
| PhD | |
| Master | |
| Fellowship | |

Professional Record: (Beginning with the most recent)

| Job Rank | Place and Address of Work | Date |
|--------------|--|----------------|
| Demonstrator | Imam Abdulrahman Bin Faisal University – KSA, Eastern Province, AlRakah | 3 October 2018 |

Administrative Positions Held: (Beginning with the most recent)

| Administrative Position | Office | Date |
|-------------------------|--------|------|
| | | |



Scientific Achievements

Published Refereed Scientific Researches

(In Chronological Order Beginning with the Most Recent)

| # | Name of Investigator(s) | Research Title | Publisher and Date of Publication |
|---|-------------------------|----------------|-----------------------------------|
| | | | |

Refereed Scientific Research Papers Accepted for Publication

| # | Name of Investigator(s) | Research Title | Journal | Acceptance Date |
|---|-------------------------|----------------|---------|-----------------|
| | | | | |

Scientific Research Papers Presented to Refereed Specialized Scientific Conferences

| # | Name of Investigator(s) | Research Title | Conference and Publication Date |
|---|-------------------------|----------------|---------------------------------|
| | | | |

Completed Research Projects

| # | Name of Investigator(s) (Supported by) | Research Title | Report Date |
|---|--|--|-------------|
| 1 | <ul style="list-style-type: none"> • Dr. Mohammed ElSaadani • Dr. Waleed Baker • Ms. Hussah AlTwejry • Ms. Sara AlShuraim • Ms. Rawabi Zubran • Ms. Wala'a AlShaia | Anti-hyperglycemic Potential of Selected Plants on Type 2 Diabetes Mellitus: A Double-Blind, Placebo-Controlled Study at King Fahd University Hospital, Saudi Arabia | 2016 |

Current Researches

| # | Research Title | Name of Investigator(s) |
|---|---|--|
| 1 | The Association Between Dietary Calcium Intake and Dysmenorrhea among University students in Eastern Province of Saudi Arabia: Cross Sectional Study. | <ul style="list-style-type: none"> • Dr. Mai Gharib • Dr. Omar Abuzaid • Dr. Norah AlQahtani • Ms. Hussah AlTwejry • Amal Al-Zahrani • Ashwaq Al-Amoudi • Raghad Al-Blwi • Linah Al-Homidan • Zahrah Aldeabel |



Contribution to Scientific Conferences and Symposia

| # | Conference Title | Place and Date of the Conference | Extent of Contribution |
|---|---|---|--|
| 1 | Advances in Pediatric Nutrition; A Multi-Disciplinary Approach: Childhood Obesity | KSA, Eastern Province, Imam Abdulrahman Bin Faisal University, AlRakah - 13 & 14 March 2019 | <ul style="list-style-type: none"> Organizing and planning the whole event. Communication with all speakers Conduct a workshop titled (Representing the multi-disciplinary approach of non-surgical intervention by discussing case scenarios). |
| 2 | Autism Awareness | KSA, Eastern Province, Carlton AlMoabed Hotel - 2 April 2015 | <ul style="list-style-type: none"> Volunteer (Organization Committee) for Community Service |

Membership of Scientific and Professional Societies and Organizations

- Member in Saudi Society for Clinical Nutrition (2018).
- Member in Al-Rahma Medical Charity (2015-2017).
- Member in the Scientific Research Club at Imam Abdulrahman Bin Faisal University (2015-2017).

Teaching Activities

Undergraduate

| # | Course/Rotation Title | No./Code | Extent of Contribution (no. of lectures/Tutorials. Or labs, Clinics) |
|---|---|------------|---|
| 1 | Malnutrition Diseases Course | (NUTR 316) | Lectures (#7) and Tutorial (#1) |
| 2 | Medical Nutrition Therapy 2 Course (Practical Part) | (NUTR 322) | Case Studies (#4) and Hospital Visits (#4) |
| 3 | Dietary Requirements and Meal Planning Course | (NUTR 224) | General Assistance |



Guest/Invited Lectures for Undergraduate Students

| # | Activity/Course Title and Code | Subject | College and University or Program | Date |
|---|--------------------------------|---------|-----------------------------------|------|
| | | | | |

Student Academic Supervision and Mentoring

| # | Level | Number of Students | From | To |
|---|-------|--------------------|------|----|
| | | | | |

Supervision of Master and/or PhD Thesis

| # | Degree Type | Title | Institution | Date |
|---|-------------|-------|-------------|------|
| | | | | |

Ongoing Research Supervision

| # | Degree Type | Title | Institution | Date |
|---|---------------|---|--|-----------|
| 1 | Undergraduate | The Association Between Dietary Calcium Intake and Dysmenorrhea among University students in Eastern Province of Saudi Arabia: Cross Sectional Study. | Imam Abdulrahman Bin Faisal University | 2018-2019 |

Administrative Responsibilities, Committee and Community Service (Beginning with the most recent)

Administrative Responsibilities

| # | From | To | Position | Organization |
|---|--------------|---------|---|--|
| 1 | 17/12/1439 H | Present | Member of CN Quality Committee | Imam Abdulrahman Bin Faisal University |
| 2 | 17/12/1439 H | Present | Member of CN Website Committee | |
| 3 | 17/12/1439 H | Present | Member of CN Curriculum Developmental Committee | |
| 4 | 17/12/1439 H | Present | Member of CN Community Services Committee | |
| 5 | 17/12/1439 H | Present | Member of CN Internship Affairs Committee | |
| 6 | 17/12/1439 H | Present | Member of CN Alumni Committee | |



Committee Membership

| # | From | To | Position | Organization |
|---|-------------------|----------------|----------|---|
| 1 | Beginning of 2016 | Ending of 2016 | Member | Student Symposium Committee at Imam Abdulrahman Bin Faisal University |

Scientific Consultations

| # | From | To | Institute | Full-time or Part-time |
|---|------|----|-----------|------------------------|
| | | | | |

Volunteer Work

| # | From | To | Type of Volunteer | Organization |
|---|---------------|---------------|---|--|
| 1 | October 2018 | October 2018 | Clinical dietitian in the 10th Early Detection Campaign of Breast Cancer. | Imam Abdulrahman Bin Faisal University at AlRashed Mall. |
| 2 | February 2018 | February 2018 | Clinical Dietitian and Educator in Healthy Food and BMI Calculation Activity in 12th intermediate school. | Imam Abdulrahman Bin Faisal University (Clinical Nutrition Department) at 12 th Intermediate school - AlDammam. |
| 3 | October 2017 | October 2017 | Clinical Dietitian and Educator in Activate World Food Day. | Saudi Association of Specialist (SAOS) and Taibaat Company for Nutritional Supplement at several schools in Eastern Region - AlKhobar. |
| 4 | May 2017 | May 2017 | Clinical Dietitian and Educator in Healthy Nutrition in Ramadan Campaign. | Clinical Nutrition Department at King Fahd University Hospital. |
| 5 | December 2016 | December 2016 | Informative in Family Medicine Diabetic Day. | Medical Nutrition Therapy Department at King Fahad Specialist Hospital - Dammam. |
| 6 | October 2016 | October 2016 | Informative in the Early Detection Campaign of Breast Cancer. | King Fahd University Hospital. |
| 7 | August 2016 | August 2016 | Clinical Dietitian and Educator in Healthy School Campaign: Aware Generation..Promising Generation. | Clinical Nutrition Department at Dammam Medical Complex. |



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|----|---------------|---------------|--|---|
| 8 | August 2016 | August 2016 | Clinical Dietitian and Educator in AlHajj Safe and Healthy Campaign. | Clinical Nutrition Department at Dammam Medical Complex. |
| 9 | June 2016 | June 2016 | Educator in Healthy Food Booth. | Al-Rahma Medical Charity at the Primary school in AIDhahran. |
| 10 | April 2016 | April 2016 | Representative in 3 rd Career Forum to represent Clinical Nutrition Department. | Imam Abdulrahman Bin Faisal University (Clinical Nutrition Department) at AIDhahran International Exhibitions. |
| 11 | February 2016 | February 2016 | Informative in Student Symposium Committee in a lecture titled "Save it to keep it". | Imam Abdulrahman Bin Faisal University. |
| 12 | December 2015 | December 2015 | Informative in Obesity and Associated Risks campaign. | Imam Abdulrahman Bin Faisal University (Clinical Nutrition Department) at Saudi Electronic University, Eastern Province, KSA. |
| 13 | 2015 | 2015 | Representative in Preparatory Year Exhibition to represent Clinical Nutrition Department. | Imam Abdulrahman Bin Faisal University (Clinical Nutrition Department). |
| 14 | April 2015 | April 2015 | Organizer in Autism Awareness Event | Global Shapers Community Al-Khobar |
| 15 | February 2014 | February 2014 | Informative in Healthy Buffet, a community activity. | Clinical Nutrition Department at Imam Abdulrahman Bin Faisal University. |

Personal Key Competencies and Skills: (Computer, Information technology, technical, etc.)

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|---|--|
| 1 | Computer skills in Microsoft Office Applications. |
| 2 | Public speaking and writing. |
| 3 | Volunteering and community services. |
| 4 | Leadership ability, effective team member, punctual, organized, responsible, practical, hard worker. |

Last Update

16 April 2019