



FACULTY FULL NAME: Razan Ali Saad Algarni

POSITION: Demonstrator

Personal Data

Nationality | Saudi

Date of Birth | April -18-1995

Department | Clinical nutrition

Official UoD Email | raaalgarni@iau.edu.sa

Office Phone No. | -

Language Proficiency

Language	Read	Write	Speak
Arabic	✓	✓	✓
English	✓	✓	✓
Others			

Academic Qualifications (Beginning with the most recent)

Date	Academic Degree	Place of Issue	Address
10- May-2018	Bachelor of clinical nutrition	Imam Abdulrahman Bin Faisal University	Kingdom of Saudi Arabia

PhD, Master or Fellowship Research Title: (Academic Honors or Distinctions)

PhD	
Master	
Fellowship	

Professional Record: (Beginning with the most recent)

Job Rank	Place and Address of Work	Date
Demonstrator	Imam Abdulrahman Bin Faisal University Saudi Arabia, Eastern province	February-9-2020
Clinical dietitian	Johns Hopkins Aramco Healthcare Saudi Arabia, Eastern province	August -18-2019



Administrative Positions Held: (Beginning with the most recent)

Administrative Position	Office	Date

Scientific Achievements

Published Refereed Scientific Researches

(In Chronological Order Beginning with the Most Recent)

#	Name of Investigator(s)	Research Title	Publisher and Date of Publication

Refereed Scientific Research Papers Accepted for Publication

#	Name of Investigator(s)	Research Title	Journal	Acceptance Date

Scientific Research Papers Presented to Refereed Specialized Scientific Conferences

#	Name of Investigator(s)	Research Title	Conference and Publication Date

Completed Research Projects

#	Name of Investigator(s) (Supported by)	Research Title	Report Date
1	<ul style="list-style-type: none"> • Mohammed Elsaadany • Dalal AlAmoudi • Razan AlGarni • Reem AlTuwayjiri • Mashael AlTuwayjri 	Hypothyroidism and Associated Dietary Risk Factors among Type 2 Diabetes Mellitus Female Patients in Eastern Province. Cross-Sectional Study	2017



Current Researches

#	Research Title	Name of Investigator(s)
1	The effect of probiotic consumption on glycemic and inflammatory markers and body composition of patients with prediabetes A double blinded randomized controlled trial	Razan Algarni Aisha Al-Amri Lamya Yamani Tunny Sebastian Yasmin Al-Gindan Haneen Yousef Rabie Khattab Waleed Albakr

Contribution to Scientific Conferences and Symposia

#	Conference Title	Place and Date of the Conference	Extent of Contribution
1	Advances in Pediatric Nutrition: A Multidisciplinary Approach: Childhood Obesity	Saudi Arabia, Eastern province, Imam Abdulrahman Bin Faisal University, 13 & 14 March 2019	Organizer and attendee
2	Clinical Nutrition Symposium “Feeding Strategies for Critically Ill patients”	Saudi Arabia, Eastern province, Johns Hopkins Aramco Healthcare	Organizer and attendee
3	Obesity, Diabetes and Hypertension conference held by Johns Hopkins Aramco Healthcare	Saudi Arabia, Eastern province, Meridian hotel, October 2018	Attendee
4	The Metabolic Diseases Conference	Saudi Arabia, Eastern province, Sheraton hotel 2018	Attendee
5	Pediatric Nutrition Symposium	Saudi Arabia, Eastern province, Johns Hopkins Aramco Healthcare 2016	Attendee

Membership of Scientific and Professional Societies and Organizations

- Saudi Society for Clinical Nutrition (2020)



Guest/Invited Lectures for Undergraduate Students

#	Activity/Course Title and Code	Subject	College and University or Program	Date

Student Academic Supervision and Mentoring

#	Level	Number of Students	From	To

Supervision of Master and/or PhD Thesis

#	Degree Type	Title	Institution	Date

Ongoing Research Supervision

#	Degree Type	Title	Institution	Date

Administrative Responsibilities, Committee and Community Service (Beginning with the most recent)

Administrative Responsibilities

#	From	To	Position	Organization

Committee Membership

#	From	To	Position	Organization
1	02-12-2020	present	Member	Curriculum development committee
2	02-12-2020	present	Member	Internship committee
3	02-12-2020	present	Member	Community services committee



Scientific Consultations

#	From	To	Institute	Full-time or Part-time

Volunteer Work

#	From	To	Type of Volunteer	Organization
1	2019	2019	Participated by presenting a presentation about (General nutrition and diabetes) which targeted Type 1 Diabetes Mellitus children and their families.	Saudi Diabetes & Endocrine Association
2	2019	2019	Participated as a clinical dietitian in the “Breast Cancer Awareness Campaign”	Imam Abdulrahman Bin Faisal University at Alrashid mall
3	2018	2018	Participated as a clinical dietitian in the World Cancer Day and Prevention program held in Alrashid mall	Johns Hopkins Aramco Healthcare
4	2016	2016	Participated in the obesity awareness day “Obesity and Nutrition” held in Alrashid mall	Imam Abdulrahman Bin Faisal University at Alrashid mall

Personal Key Competencies and Skills: (Computer, Information technology, technical, etc.)

1	Computer skills in Microsoft office
2	Languages spoken Arabic and English (both include reading, speaking, and writing)
3	Good communication and leadership skills
4	Nutrition education and counseling skills
5	Presentation skills

Last Update

June/ 08/2020