

# FACULTY FULL NAME: Razan Ali Saad Algarni

POSITION: Demonstrator

#### Personal Data

Nationality | Saudi

Date of Birth | April -18-1995

Department | Clinical nutrition

Official UoD Email | <u>raaalgarni@iau.edu.sa</u>

Office Phone No. | -

## Language Proficiency

Language	Read	Write	Speak
Arabic	$\checkmark$	$\checkmark$	$\checkmark$
English	$\checkmark$	$\checkmark$	$\checkmark$
Others			

# Academic Qualifications (Beginning with the most recent)

Date	Academic Degree	Place of Issue	Address
10- May-2018	Bachelor of clinical	Imam Abdulrahman Bin	Kingdom of Saudi
	nutrition	Faisal University	Arabia

#### PhD, Master or Fellowship Research Title: (Academic Honors or Distinctions)

PhD	
Master	
Fellowship	

## Professional Record: (Beginning with the most recent)

Job Rank	Place and Address of Work	Date
Demonstrator	Imam Abdulrahman Bin Faisal University	February-9-2020
	Saudi Arabia, Eastern province	
Clinical dietitian	Johns Hopkins Aramco Healthcare	August -18-2019
	Saudi Arabia, Eastern province	



# Administrative Positions Held: (Beginning with the most recent)

Administrative Position	Office	Date

# Scientific Achievements

#### **Published Refereed Scientific Researches**

(In Chronological Order Beginning with the Most Recent)

#	Name of Investigator(s)	Research Title	Publisher and Date of Publication

## **Refereed Scientific Research Papers Accepted for Publication**

#	Name of Investigator(s)	Research Title	Journal	Acceptance Date

# Scientific Research Papers Presented to Refereed Specialized Scientific Conferences

-	#	Name of Investigator(s)	Research Title	Conference and Publication Date

# **Completed Research Projects**

#	Name of Investigator(s) (Supported by)	Research Title	Report Date
1	<ul> <li>Mohammed Elsaadany</li> <li>Dalal AlAmoudi</li> <li>Razan AlGarni</li> <li>Reem AlTuwayjiri</li> <li>Mashael AlTuwaijri</li> </ul>	Hypothyroidism and Associated Dietary Risk Factors among Type 2 Diabetes Mellitus Female Patients in Eastern Province. Cross-Sectional Study	2017



# **Current Researches**

#	Research Title	Name of Investigator(s)
1	The effect of probiotic consumption on glycemic and	Razan Algarni
	inflammatory markers and body composition of patients	Aisha Al-Amri
	with prediabetes	Lamya Yamani
	A double blinded randomized controlled trial	Tunny Sebastian
	A double binded fandomized controlled that	Yasmin Al-Gindan
		Haneen Yousef
		Rabie Khattab
		Waleed Albakr

# Contribution to Scientific Conferences and Symposia

#	Conference TitlePlace and Date of the		Extent of
		Conference	Contribution
1	Advances in Pediatric Nutrition:	Saudi Arabia, Eastern province,	Organizer and
	A Multidisciplinary Approach:	Imam Abdulrahman Bin Faisal	attendee
	Childhood Obesity	University, 13 & 14 March 2019	
2	Clinical Nutrition Symposium	Saudi Arabia, Eastern province,	Organizer and
	"Feeding Strategies for Critically	Johns Hopkins Aramco	attendee
	Ill patients"	Healthcare	
3	Obesity, Diabetes and	Saudi Arabia, Eastern province,	Attendee
	Hypertension conference held by	Meridian hotel,	
	Johns Hopkins Aramco	October 2018	
	Healthcare		
4	The Metabolic Diseases	Saudi Arabia, Eastern province,	Attendee
	Conference	Sheraton hotel 2018	
5	Pediatric Nutrition Symposium	Saudi Arabia, Eastern province,	Attendee
		Johns Hopkins Aramco	
		Healthcare 2016	

# Membership of Scientific and Professional Societies and Organizations

• Saudi Society for Clinical Nutrition (2020)





#### **Teaching Activities**

#### Undergraduate

#	Course/Rotation Title	No./Code	Extent of Contribution (no. of lectures/Tutorials. Or labs, Clinics)
1	Medical Nutrition Therapy Course (practical part)	NUTR (322)	Lectures 6, 9, 10

#### **Brief Description of Undergraduate Courses Taught: (Course Title – Code: Description)**

Medical Nutrition Therapy 2 (NUTR 322): during the course students will learn how to apply basic nutrition science principals in the section of the appropriate medical nutrition therapist and nutrition care process for patients with respiratory diseases, cancer, AIDS, metabolic disorders of amino acids, fatty acids and CHO, food allergy and intolerance, burns, surgery and intensive care units. This will be taught through lectures, case studies, group presentations and exams. A case based approach will be utilized to foster analytical and critical thinking skills related to designing nutrition prescriptions and interventions as well as nutrition care plans.

#### Postgraduate

#	Course/Rotation Title	No./Code	Extent of Contribution (no. of lectures/Tutorials. Or labs, Clinics)
1			
2			

#### **Brief Description of Postgraduate Courses Taught: (Course Title – Code: Description)**

1	
2	

#### **Course Coordination**

#	Course Title and Code	Coordinati on	Co- coordination	Undergr ad.	Postgrad .	From	То



# **Guest/Invited Lectures for Undergraduate Students**

#	Activity/Course Title and Code	Subject	College and University or Program	Date

# **Student Academic Supervision and Mentoring**

#	Level	Number of Students	From	То

### **Supervision of Master and/or PhD Thesis**

#	<b>Degree Type</b>	Title	Institution	Date

# **Ongoing Research Supervision**

#	<b>Degree Type</b>	Title	Institution	Date

Administrative Responsibilities, Committee and Community Service (Beginning with the most recent)

# Administrative Responsibilities

#	From	То	Position	Organization

# **Committee Membership**

#	From	То	Position	Organization
1	02-12- 2020	present	Member	Curriculum development committee
2	02-12- 2020	present	Member	Internship committee
3	02-12- 2020	present	Member	Community services committee



#### **Scientific Consultations**

#	From	То	Institute	Full-time or Part-time

#### **Volunteer Work**

#	From	То	Type of Volunteer	Organization
1	2019	2019	Participated by presenting a presentation about (General nutrition and diabetes) which targeted Type 1 Diabetes Mellitus children and their families.	Saudi Diabetes & Endocrine Association
2	2019	2019	Participated as a clinical dietitian in the "Breast Cancer Awareness Campaign"	Imam Abdulrahman Bin Faisal University at Alrashid mall
3	2018	2018	Participated as a clinical dietitian in the World Cancer Day and Prevention program held in Alrashid mall	Johns Hopkins Aramco Healthcare
4	2016	2016	Participated in the obesity awareness day "Obesity and Nutrition" held in Alrashid mall	Imam Abdulrahman Bin Faisal University at Alrashid mall

## Personal Key Competencies and Skills: (Computer, Information technology, technical, etc.)

- **1** Computer skills in Microsoft office
- 2 Languages spoken Arabic and English (both include reading, speaking, and writing)
- **3** Good communication and leadership skills
- 4 Nutrition education and counseling skills
- **5** Presentation skills

### Last Update

June/ 08/2020