Sama Samer Suliman Hammad

سمى سامر سليمان حماو

Assistant Professor

Dean at the College of Applied Medical Science at Jubail (CAMSJ)

Personal Data

Nationality | Saudi Arabian

Department | Fundamentals of Nursing Department,

College | Nursing (CON)

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Office Phone No. | 31608 (Dammam) | 38657 (Jubail)

Language Proficiency:

Language	Read	Write	Speak
Arabic	Excellent	Excellent	Excellent
English	Excellent	Excellent	Excellent

A: Academic Qualifications: (starting w/ most recent)

Date	Academic Degree	Place of Issue	Address
2012- 2017 Doctor of Philosophy in Nursing (PhD)		University of North Carolina at Chapel Hill (UNC-CH)	Chapel Hill, North Carolina, USA
2009- 2011	Master of Science in Nursing - Clinical Nurse Specialist (CNS)	George Mason University (GMU)	Fairfax, Virginia, USA
2001- 2006	Bachelor of Science in Nursing (BSN)	King Faisal University (now: Imam Abdulrahman Bin Faisal University [IAU])	Dammam, Eastern Province, Saudi Arabia

PhD, Master or Fellowship Research Title: (Academic Honors or Distinctions)

PhD	A mixed methods study on childhood feeding and growth in Saudi Arabia (research grant US\$ 6,000 from Sigma Theta Tau International)
Semester Abroad	Oxford University (UK) honor's program two courses (brain and behavior and creative writing)
Master	Enhancing health literacy among diverse populations: Cancer treatment education (excellence in nursing research award)
Internship	Saudi Aramco Medical Service Organization (SAMSO) - now John Hopkins Hospital, Dhahran

B: Professional Record: (starting w/ most recent)

Job Rank	Place and Address of Work	Date
Assistant Professor	Imam Abdulrahman bin Faisal (IAU)	2017- present
Lecturer	University of Dammam / (IAU)	2012- 2017
Healthcare community blogger	healthymagination.com by General Electric (Middle East region)	2010- 2011
Staff Nurse	King Fahd Hospital of the University (KFHU)	2007- 2008
Demonstrator	King Faisal University / (IAU)	2007- 2012
Staff Nurse	Saudi Aramco Medical Service Organization (SAMSO)	2006- 2007

C: Administrative Positions Held: (starting w/ most recent)

Administrative Position	Office	Date (# of time)
Dean at the College of Applied Medical Sciences in Jubail	CAMSJ	2023- Present
Vice Dean for Development and Community Partnership at the College of Applied Medical Sciences at Jubail	CAMSJ	2021- 2023
Acting Dean at the College of Applied Medical Sciences in Jubail (CAMSJ)	CAMSJ	2022 & 2023 (#3)
Vice Dean of Graduate Studies and Scientific Research @CON	A.7.3; building: 750	2019- 2021
Acting Vice Dean of Clinical Affairs @CON	A.2.5; building: 750	2018 (#2)
Coordinator of Scholarship Affairs @CON	A.2.5; building: 750	2017- 2019
Coordinator of OB/GYN & Pediatric Units @CON	F.02; building: 750	2017- 2021

Co-chairperson of the Fundamentals of Nursing Department	F.02; building: 750	2017- 2021
at the College of Nursing (CON)		

D: Scientific Achievements

D-1	Published Papers
1	Alameri, R. A., Al-Suwayan, A. A., Almulla, H. A. & Hammad, S. S. (2024). Sleep quality and fatigue among nurses working in high-acuity clinical settings in Saudi Arabia: a cross-sectional study. BMC Nursing, <i>BMC Nursing</i> , https://doi.org/10.1186/s12912-023-01693-z
2	Hammad, S. S., Alzhrani, M. D., & Almulla, H. A. (2023). Adolescents' perceived stress of COVID-19 and self-compassion in Saudi Arabia: A cross-sectional study. <i>International Journal of Nursing Sciences</i> , 10(2), 215-220.
3	Aldawood, Z. S., Alameri, R. A., Elghoneimy, Y., Al Swyan, A. H., Almulla, H., Hammad, S. S. , & Alameri, S. A. (2023). Impact of Educational Program on Critical Care Nurses' Knowledge of ICU Delirium: A Quasi-Experimental Study. <i>Medical Archives</i> , 77(1), 56.
4	Salvador, J. T., Al-Madani, M. M., Al-Hussien, A. M., Alqahtani, F. M., Alvarez, M. O. C., Hammad, S. S., & Al-Mousa, A. A. (2022). Revisiting the roles of neonatal intensive care unit nurses towards vision 2030 of Saudi Arabia: A descriptive phenomenological study. <i>Journal of Nursing Management</i> , 30(7), 2906-2914.
5	Hammad, S. (2017). A Mixed Methods Study of Childhood Feeding and Growth in Saudi Arabia.
6	Hammad, S. S., & Berry, D. C. (2017). The child obesity epidemic in Saudi Arabia: A review of the literature. <i>Journal of Transcultural Nursing</i> , 28(5), 505-515.
7	Woods-Giscombe, C. L., Rowsey, P. J., Kneipp, S. M., Owens, C. W., Sheffield, K. M., Galbraith, K. V., Hammad, S. , & Alexander, G. R. (2015). Underrepresented students' perspectives on institutional climate during the application and admission process to nursing school. <i>Journal of Nursing Education</i> , <i>54</i> (5), 261-269.

D-3	Scientific Research Papers Presented to Refereed Specialized Scientific Conferences			
#	Name of Investigator(s)	Research Title	Conference and Publication Date	
1	Sama Hammad	Childhood Obesity: A Preventative Approach in Saudi Arabian Context	Sigma's 34th International Nursing Research Congress by Sigma Theta Tau International Nursing Society; Abu-Dhabi, UAE – PechaKucha Presentation – 20 July, 2023	
2	Sama Hammad	Exploring Parental Role in Children's Food Socialization in Saudi Arabia	16th International Family Nursing Conference; Dublin, Ireland – Accepted abstract [unable to attend] -June 20 – 23, 2023 in Dublin, Ireland	
3	Sama Hammad	Nursing research and community services in the Kingdom: A future lens	"Nursing Education & Research: Present & Future" – Online Forum by Shaqra University, KSA - Speaker Invitation - 7 th – 8 th Sept., 2021	
4	Sama Hammad	Vision 2021: An International Vice Dean of Graduate Studies and Scientific Research Perspective	25th Annual NACNS 2020 Conference: "Transforming Health Care: Our Past, Our Present & Our Future!"; Indianapolis, IN- USA, Oral presentation – 10-13 th March, 2020	
5	Sama Hammad; Lulu Almana; Hajar AlYahya	Recruitment plan and data management process for a qualitative study using photovoice	25 th Annual Qualitative Health Research (QHR) Conference by University of Alberta, Vancouver, Canada. Poster session- 25-29 th October, 2019	
6	Sama S. Hammad; Lulu Almana (external), Bushra Bawazeer, Khulood AlYami, Hajar AlYahya	Exploring facilitators and barriers to children's physical activity using photovoice	1st Saudi Conference for Nursing Science, Hail University, Hail- KSA. Oral Presentation 26-28th February 2019	
7	Rwan Mansour, Mona AlQarni, Sama S. Hammad & Ahlam Hussien	A community project based on a needs assessment	1st Saudi Conference for Nursing Science, Hail University, Hail- KSA. Poster session 26-28th February 2019	

6	Sama Hammad	A scholar's experience shared	Health Professions Conference, University of Kind
			Saud bin Abdulaziz for Health Sciences, Alhassa- KSA. Speaker- April, 2018
	Sama Hammad; Diane Berry	Fidelity assessment and cultural appropriateness of the CFQ and CEBQ questionnaires	Sigma Theta Tau's 27 th International Nursing Research Congress, Cape Town, South Africa. Poster session - July, 2016
8	Sama Hammad; Diane Berry; Kathleen Knafl	Recruitment and retention in studying childhood obesity in Saudi Arabia	Sigma Theta Tau's 27 th International Nursing Research Congress, Cape Town, South Africa. Oral presentation - July, 2016
9	Sama Hammad; Diane Berry	A mixed methods design for studying childhood obesity in Saudi Arabia	Qualitative Health Research Conference of the University of Alberta, Victoria, BC- Canada. Poster session- October, 2014
10	Sama Hammad; Diane Berry	Childhood obesity in Saudi Arabia: an integrative literature review	28 th annual conference of the Southern Nursing Research Society, San Antonio, TX- USA. Poster session - February, 2014
11	Sama Hammad	Enhancing health literacy among diverse population: Cancer treatment education	25 th annual conference of the Phi Beta Delta Honor Society for International Scholars, Long Beach, CA. Podium presentation - April, 2011

D-5	Current Research Projects		
#	Research Title	Name of Investigator(s)	
1	Exploring facilitators and barriers to children's physical activity using photovoice	Sama S. Hammad; Lulu Almana (external), Hajar AlYahya	
2	Examining assertive communication skills among Saudi nurses and other health care professionals: Qualitative study	Mansour Mansour; Sama Hammad et al., (publication phase)	
3	Master's thesis converted into publications	All supervised students	

D-6	Completed Research Projects			
#	Research Title	Name of Investigator(s)	Date Completed	
1	The relationship between adolescents' perceived stress of covid-19 and self-compassion in Saudi Arabia	Mona Al-Zahrani; Sama Hammad: Project secondary supervisor (primary: Hebah Almulla)	2021	
2	The Arabic translation procedure of the Family Management Measure (FaMM) tool	Manal Al-Dubaisi, Sama Hammad: Project primary supervisor (secondary: Najla Alsaleh)	2021	
3	A systematic review on the association between asthma and obesity in pediatric patients	Mona AlQarni, Sama Hammad: Project primary supervisor	2020	
4	Psychosocial aspects of children with chronic kidney disease: a systematic review	Hawra'a Altaha, Sama Hammad: Project primary supervisor	2020	
5	Association between early exposure to smart devices and language development among children in KSA (primary supervisor)	Abeer Alshamrani, Sama Hammad: Project primary supervisor	2019	
6	A mixed methods study on childhood feeding and growth in Saudi Arabia	Sama Hammad: Primary Investigator [PI] supported by Sigma Theta Tau Intl. grant	2017	
7	Underrepresented students' perspectives on institutional climate during the application and admission process to nursing school	Sama Hammad: Co-investigator	2015	
8	Enhancing health literacy among diverse population: Cancer treatment education	Sama Hammad: PI	2011	

D-7	Research Grants Awarded:		
#	Date	Grant Name	Amount
1	2016	Sigma Theta Tau International (STTI) - small grant	US \$5,000
2	2015	Student Travel Award for Poster Presentation from UNC-CH	US \$1,000
3	2014	Alpha Alpha Chapter of STTI Doctoral Dissertation	US \$1,000

D-8	Membership of Scientific, Honors & Professional Societies and Organizations				
Date	Membership /Honor	Prof. Soc. /Org.			
2019- Present	Member of the SNLE (Saudi Nursing Licensure Exam)	SCHS (Saudi Commission for Health Specialties			
2019-2021	Member of the Revision Program Committee	Deanship of Graduate Studies at IAU			
2013-Present	Member of Graduate Nursing Student Academy (GNSA)	AACN			
2012	Scholarship for one semester (PhD tuition paid)	Mary P. Speight Doctoral Scholarship			
2011	Excellence in Nursing Research Award (Master's project award)	Graduation ceremony at George Mason University			
2010	Oxford Honor Program	One semester abroad program at Oxford University, UK			
2010-Present	Society Member	Sigma Theta Tau International (high GPA- GMU & UNC-CH)			
2010-Present	Society Member	Phi Beta Delta for International Scholars (high GPA- GMU)			
2009- 2017	Higher Education Full Scholarship (full tuition + monthly stipend)	Saudi Arabian Cultural Mission and IAU* Scholarship			

IAU*: Imam Abdulrahman Bin Faisal University

E: Scientific Activities

Conferences, Training, Workshops & Webinars [starting w/ most recent]:

E-1	Training [TRA]/ Programs [PRO]/ Executive Programs [EXE]/ Courses [COR]:		
1	COR [audit online course]: Understanding Obesity w/ Dr. John Menzies; The University of Edinburgh; Dec. 2021 (self-paced); participant link: coursera.org/learn/understanding-obesity		
2	COR [online course]: Higher Education Fundraising Leadership; Leadership Development for Non-Profit Organizations (KFUPM), Al Fozan Academy & Indiana University; Dec. 5 th – 9 th , 2021; participant		
3	PRO: Transformational Leadership: Use your power to empower others w/ Dr. Maha Bakr bin Bakr; Center for Leadership, IAU; Oct. 13, 2021; participant		
4	EXE: KAUST Saudi Leadership Program (in collaboration with UC Berkley Executive Education); Sept. 27- Oct.6, 2020; participant		
5	EXE: KAUST Saudi Leadership Program (in collaboration with UC Berkley Executive Education); Sept. 27- Oct.6, 2020; Participant virtually		
6	EXE: 14 Day Reset Program by KAUST with wellness coach Richard Jordan; Oct. 8 – 22, 2020; Participant virtually [due to COVID-19]		
7	TRA: SNLE Preparation Program for nursing students and interns provided by Virtual Medical Academy (VMA): Educational support as a Speaker in; August 25, 2020		
8	TRA: World Health Organization training: Infection Prevention and Control (IPC) for Novel Coronavirus (COVID-19); April 2020; participant virtually		
9	PRO: Let's Break the Chain of COVID-19 Infection (Arabic); MBRU, part of the community ambassador program, UAE training; April 2020; participant virtually		
10	TRA: Train the Trainer Program by Clarivate Analytics, IAU; May 2018; participant		
11	PRO: Mentor-mentee program by IAU (after returning from the scholarship program); 1 full semester; ended March 2018; participant		
12	PRO: Core competencies program at IAU; February 2018; participant		
13	PRO: Contribution in Enhancement & Monitoring of Teaching and Learning Program (QASD) in College of Nursing during academic year 2018/2019; participant		

^{*}KFUPM: King Fahad University for Petroleum & Minerals.

E-2	Conferences:				
1	Sama S. Hammad; Build your strategic plan in light of vision 2030; Scientific Nursing Research Day, King Saud University, Riyadh-KSA. Podium Speaker – 19 th - 20 th , March, 2023				
2	Noor Alsabah; Hawra Abuali; Noor Gashi; Abdulaal Bagasheer; Murtada Alabed; Sama S. Hammad; Areej Alotaibi; the effects of saussurea costus on hormone level regulation in hyperthyroidism patients in Saudi Arabia: A pilot study; 5 th Undergraduate Research Forum, Prince Sultan University, Riyadh-KSA. Poster session 18-19 th March, 2019				
3	Sama Hammad; Childhood obesity from a nursing perspective; Advances in pediatric nutrition: multidisciplinary approach (childhood obesity) symposium, Nutrition Dept., College of Applied Medical Sciences, IAU, Dammam- KSA. Speaker – March 14, 2019				
4	Sama Hammad; Diane Berry; A mixed methods study on childhood feeding and growth in Saudi Arabia; Research day of the Alpha Alpha Chapter of Sigma Theta Tau, Chapel Hill, NC - USA. Poster session - May, 2017				
5	Sama Hammad; Diane Berry; A mixed methods design for studying childhood obesity in Saudi Arabia; Research day of the Alpha Alpha Chapter of Sigma Theta Tau, Chapel Hill, NC - USA. Poster session- April, 2015				
6	Sama Hammad; Diane Berry; Childhood obesity in Saudi Arabia: an integrative literature review; Research day of the Alpha Alpha Chapter of Sigma Theta Tau, Chapel Hill, NC - USA. Poster session - April, 2014				

E-3	Workshops [WORK]/ Forum [FOR] /Panel Discussion [PAN]:
1	WORK: Creating initiative and measuring the impact by Advanced Company, 30 th of August, 2023 (attendee)
2	WORK: Research and Evidence Based Dentistry Workshop Speaker: Hend Alqaderi by IAU, Dammam; 2 nd , Dec. 2022 (attendee)
3	FOR/PAN: Nursing Education & Research: Present & Future, by the Shaqra University; 7 th & 8 th (attended) September 2021 [online via WebEX cisco]; speaker invitation: talk titled: Nursing research and community services in the Kingdom: A future lens
4	PAN: Gulf Nursing Day 2021; Career Day, by King Saud bin Abdulaziz University for Health Sciences- Jeddah; 18 th March 2021 [online via Teams]; speaker invitation <i>panel titled: Saudi nurses: between challenges and opportunities: tips for career development</i>
5	WORK (virtual): Happiness and positivity in life; part1, by the Ministry of Health; May 2020 [during hotel quarantine]; attended
6	WORK (virtual): Happiness and positivity in life; part2, by Ministry of Health; May 2020 [during hotel quarantine]; attended
7	WORK (virtual):The keys to knowing how to be unique in workplace environment, Speaker: Zain Althubaiti, May 2020; attended
8	FOR: The first forum for women's academic leaders in Saudi universities by IAU and KAUST; Feb. 2020; attended
9	WORK: Item author certification requirements by the writer certification from the Saudi Commission of Health Specialties; Oct. 2019; attended
10	WORK: Strengthening the national identity and the human development program as one of the workshops towards achieving vision2030; provided by Vision Realization Office (VRO), IAU; May 2018; attended
11	WORK: Risk Management Planning in Higher Education, IAU; Nov. 2017; attended

mposium [SYM]
c.2, 2022; attendee
Part 2: Values & You. w/ Ms. Chelsea (better help team,
itial self-evaluation for the accreditation of the academic aduate programs (*AR) by *DQAA, IAU on 19/10/2021;
Application by DQAA, IAU on 12/10/2021; attended
emic accreditation requirements for undergraduate and on 05/10/2021; attended
Self- Evaluation Scale for Academic Programs (EN) by
y Requirements for Undergraduate and Graduate Programs tended
gement system ISO 9001 for supporting deanships (AR) by
agement system ISO 9001: 2015 in accordance with the at Systems Audit Guidelines" (AR) by DQAA, IAU on
risk management record using Excel (AR) by DQAA, IAU
artments, and centers (ISO 9001:2015) the first introductory ad basic requirements of the quality management system ttended
op on the quality management system ISO 9001: 2015 (AR)
2/03/2021; (AR) on 16/03/2021 by DQAA, IAU; attended
-ISO 17025:2017 Requirements (AR) by DQAA, IAU on
arning Outcomes: NCAAA Perspective (EN) by DQAA,
urse titled: Nursing Advocacy: Nurses as agents of positive co Health Care Dhahran Health Center; 17 th August 2021; <i>Jemia's role in nursing advocacy</i>
co

16	SYM: Psychological and health interventions for individuals who are obese during the covid-19 pandemic by University Counseling Center, IAU – March 24, 2021; attended virtually
17	WEB: series: Re-thinking of transforming practices: assessment; Assessing and measuring the quality of online programs and online learning experiences; , IAU October 18, 2020; attended virtually
18	LEC: Leave a mark by IAU, April 2020; attended
19	LEC (online) on first aid from FAMCO, IAU and in collaboration and Saudi Red Crescent Organization; March 2020; attended
20	LEC: Developing a Plan for Academic Program Assessment; Presented by Dr. Keston Fulcher, Executive Director of the Center for Assessment and Research Studies, James Madison University guest at IAU; October 2, 2018; attended

^{*}DQAA: Deanship of Quality & Academic Accreditation *AR= Arabic *EN= English

F: Teaching Activities

F-1	Graduate-level (master's project #555):				
#	Research Project Title (role)	Student Name	Academic Year		
1	The relationship between adolescents' perceived stress of covid-19 and self-compassion in Saudi Arabia (secondary supervisor)	Mona Al-Zahrani	2021/22		
2	Arabic translation procedure of the Family Management Measure (FaMM) tool (primary supervisor)	Manal Aldubaisi	2020/21		
3	Psychosocial aspects of children with chronic kidney disease: a systematic review (primary supervisor)	Hawra'a Altaha	2019/20		
4	A systematic review on the association between asthma and obesity in pediatric patients (primary supervisor)	Mona AlQarni	2019/20		
5	Association between early exposure to smart devices and language development among children in KSA (primary supervisor)	Abeer AlShimrani	2018/19		

F-2	Graduate-level (master's courses)				
#	Course/Rotation Title	No./Code	Extent of Contribution (# of lectures/tutorials/labs/clinics)	Role; [A/Y-term]	
1	Advanced Pediatric Nursing	5025	50% of lectures 50% of labs/clinical w/ Ahlam Hussain	Co-teaching [23/24-1]	
2	Child Psychology	2601551	8 lectures w/ Hebah Almulla	Coordinator [21/22-1]	
3	Advanced Health Assessment	2601551	11 lectures w/ Hebah Almulla	Co-teaching [20/21-2]	
4	Child Psychology	2601551	11 lectures	Coordinator [20/21-1]	
5	Advanced Pediatric Nursing [20/21]	2601550	7 lectures	Co-teaching	
6	Neonatal Nursing [19/20]	2601549	4 lectures; 3 weeks clinicals	Co-teaching	
7	Growth & Development in Children [19/20]	2601548	7 lectures	Coordinator	

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8	Pediatric Pathophysiology	2601616	6 lectures	Coordinator
	[19/20]			
9	Advanced Pediatric Nursing [19/20]	2601550	4 lectures; 3 weeks clinicals	Co-teaching
10	Child Psychology [19/20]	2601551	6 lectures	Coordinator
11	Growth & Development in Children [18/19]	2601548	6 lectures	Co-teaching
12	Child Psychology [18/19]	2601551	6 lectures	Co-teaching

F-	Undergraduate level (Bachelors)				
#	Course/Rotation Title (location) [AY]	No./Code	Extent of Contribution (# of lectures/tutorials/labs/clinics)	Role [A/Y-term]	
1	Introduction to Nursing Profession	12316	1 Section (n=25)	Co-teaching [22/23-3]	
2	Infection Control	2710	1 Section (n=73)	Co-teaching [22/23-2]	
3	Health Assessment	5712	Labs 1 Group (n=71)	Co-teaching [22/23-1]	
4	Behavioral Sciences (CAMSJ)	3610431	6 Lectures w/ Nihad Abdulrazak	Co-teaching [21/22-1]	
5	Pediatric Nursing (CON-F-17)	3610431	5 Lectures (coordinator)	Coordinator [18/19-1]	
6	Pediatric Nursing (CON-F-17)	3610431	6 Lectures	Co-coordinator [17/18-1]	
7	Pediatric Nursing (CON)		Clinical rotation	Co-teaching	
8	Maternal and Child Nursing (CON)		Clinical rotation	Co-teaching	

*CON: College of Nursing; *CAMSJ: College of Applied Medical Sciences

F-	Guest/Invited Lectures for Undergraduate Students			
#	Activity/Course Title and Code Subject		College and University or Program	
1	Guest speaker: Nutritional Status Assessment (NUTR- 326)	Multidisciplinary Method in Nutrition Assessment:	Department of Nutrition, College of Applied Medical Sciences, Dammam, IAU	6-April/ 2021
2	Guest speaker: Pediatric nutrition (NUTR.413) course	Title: Childhood obesity in Saudi Arabia	Department of Nutrition, College of Applied Medical Sciences, Dammam, IAU	10/2018
3	Guest speaker: Trends in Professional Nursing (NURS.3130) course	Title: Healthcare in Saudi Arabia	Appalachian State University, Boone, NC - USA	3/2015

G: Administrative Responsibilities, Committee and Community Service (starting w/ the most recent)

Administrative Responsibilities

#	From	То	Position	Organizatio n
1	2018	2021	Chairperson of Resources for ACEN Accreditation (Standard 5)	IAU
2	2017	2019	Coordinator of Scholarship Affairs	IAU
3	2017	Present	Chairperson of Standard 7: Supplies & Equipment NCAAA	IAU
4	2017	2018	Chairperson of the Information Technology Unit	IAU
5	2008	2008	Public Relation for 1st Biannual Nursing Alumni Reunion	KFU*

^{*}KFU: King Faisal University

Committee Membership

#	From	То	Position	Organizatio n
1	2018	Present	Interviewing committee member (bridging & master's program)	IAU
1	2017	Present	Recruiting committee member (faculty & staff)	IAU

2	2017	Present	Quality assurance unit - member	IAU
3	2017	Present	Curriculum committee unit - member	IAU
4	2017	2019	Information technology unit – chairperson	IAU
4	2015	2015	Doctoral Student Organization (DSO) Representative	UNC-CH*
5	2014	2014	Visiting scholar partner (Jessica from Taiwan)	UNC-CH*

^{*} UNC-CH: University of North Carolina at Chapel Hill

College/University Service:

- **Dean's 9th meeting** guest speaking on a project titled: **Research Bulletin** Dammam, Saudi Arabia- 03/2018 (college)
- External advisory board; IT support- Dammam, Saudi Arabia- 03/2018 (college)
- Lunch with Representative: **Renee Elmers** of NC among a group of students representing School of Nursing at the University of North Carolina at Chapel Hill- 05/2015 (university)
- The Strategic Planning Workshop of the **Kaludis Consulting** for National Commission for Academic Accreditation and Assessment (NCAAA) for King Faisal University (now IAU) Khobar, 5-6/2008 (university)
- Development: **Nursing Curriculum Integration** Program for King Faisal University (now IAU) Germany, 11/2007 (college)

Volunteer Work

#	From	To	Type of Volunteer	Organization
1	2023	2023	Participated as a interviewee on qualitative research study	King Saud bin Abdulaziz University for Health Sciences - Riyadh
2	2021	2021	Reviewed 2 nursing courses: Pediatric Nursing; Human Growth & Development Throughout Life.	Umm Qura University
3	2019	2022	Evening English as a second language teaching (weekly or biweekly; 1-2 hours); n=4	2021: 10 th grade [n=4] venue: online 2020: 8 th grade [n=3] venue: online 2019: 7 th grade students [n=4] (venue: 8 th high school in golden belt)
4	2018	2018	Osteoporosis talk (one-time event); n=355	Government school (venue: 8 th high school in golden belt)
5	2018	2018	Rafid coloring project (one time event); large group	Park in Thoqba (organized by: Wud NGO)
6	2018	2019	Evening English as a second language teaching (weekly or biweekly); n=4	6 th grade students [n=4] (venue: 8 th high school in golden belt)
7	2018	2018	Fatat AlKhaleej – 6 lectures (2 nd semester); n=29	Imam Abdulrahman Bin Faisal University, Dammam, Saudi Arabia
8	2015	2015	Pre-kindergarten teacher assistant	Al-Huda Academy in Durham, NC - USA
9	2014	2014	Feeding cats (biweekly)	Independent Animal Rescue in Durham, NC- USA
10	2008	2009	Coordinator of Ramadan's Golden Festival for Girls	Golden Belt Neighborhood Center - Saudi Arabia
11	2005	2005	Participant 1st Ladies Meeting for Women's Health	Golden Belt Neighborhood Center - Saudi Arabia



Personal Key Competencies and Skills:

1	Computers in general both systems (mac/windows)			
2	Data collection programs: Qualtrics, survey monkey, google documents etc			
3	Data analyses programs: SPSS, SAS, Stata, Atlas.ti, MAXQDA etc			
4	Technical programs for organization: OneDrive, dropbox, evernote, google sheets, EndNote, RefWorks, Mendeley etc			
5	Registered Yoga Teacher (RYT-200) by Yoga Alliance trained by Carolina Yoga Company			

Last updated: 22- January-2024