



# Waleed Ibrahim Albaker

Assistant Professor

## Personal Data

Nationality | Saudi

Date of Birth | 03/02/1977

Department | Internal Medicine

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## Language Proficiency

Language	Read	Write	Speak
Arabic	✓	✓	✓
English	✓	✓	✓

## Academic Qualifications (Beginning with the most recent)

Date	Academic Degree	Place of Issue	Address
June 2008	Fellowship in Endocrinology	University of Alberta, Edmonton	Canada
June 2006	American Board of Internal Medicine	University of British Columbia, Vancouver	Canada
June 2006	Canadian Board of Internal Medicine	University of British Columbia, Vancouver	Canada
2001	MBBS	King Faisal University (presently University of Dammam)	Kingdom of Saudi Arabia

## Professional Record: (Beginning with the most recent)

Job Rank	Place and Address of Work		Date	
			From	To
Assistant Professor	Endocrinology / Internal Medicine	College of Medicine, University of Dammam, Saudi Arabia	2008	Date
Demonstrator	Internal Medicine	College of Medicine, University of Dammam, Saudi Arabia	2001	2007
Consultant Internist/ Endocrinology	Endocrinology / Internal Medicine	King Fahd Hospital of the University, Al-Khobar, Saudi Arabia	2008	Date



## Scientific Achievements

### Published Refereed Scientific Researches

(In Chronological Order Beginning with the Most Recent)

#	Name of Investigator(s)	Research Title	Publisher and Date of Publication
1	Al-Sunni AA, Albaker WI, Badar A.	Determinants of misconceptions about diabetes among Saudi diabetic patients attending diabetes clinic at a tertiary care hospital in Eastern Saudi Arabia	J Fam Community Med 2014;21(2)93-99.
2	Sidawi B, Alhariri MT, Albaker WI.	Creating a healthy built environment for diabetic patients: The case study of the Eastern Province of the Kingdom of Saudi Arabia	Global Journal of Health Science 2014;6(4):136-147.
3	Albaker WI, Alshereef M, Almulhim M, Khamis A.	Prevalence and risk factors of diabetes mellitus (I & II) in a sample of adults population of Al-Khobar City, Saudi Arabia, within 2010-2011.	Life Sci J 2013;10(1):310-4.
4	Albaker WI, Khamis A, Abu-Alhumayel A.	Efficacy and safety of insulin pump in type I diabetes during fasting time (month of Ramadan).	Global Advanced Research J 2013;2(1):1-6.
5	Mir-Ali S, Alomran A, Albaker WI, Azam MQ, Tantawy AM.	Established osteoporosis and Gaps in the management: Review from a teaching hospital	Annals of Medical and Health Sciences 2013 ISSN: 2141-9248.
6	Albaker WI, Khamis A, Alfarj F.	Meeting the American Diabetes guidelines at diabetes outpatients clinic at university hospital.	Journal of Life Sciences 2013. ISSN: 1934-7391.
7	Albaker WI, Al-Haji S, Abu-Saud Y.	Experience of significant splenic infarction at University hospital: case series.	International Journal of Current Research 2013;5(9):2609-10. ISSN: 0975-833X.
8	Albaker WI, Khamis A, Almaglouth N.	The continuous glucose monitoring system (CGMS) in patients with Beta-Thalassemia Major.	Saudi Journal of Medicine and Medical Sciences 2013;1:88-93.
9	Albaker WI, Aldubayan MA, Ismail MI, Rubaian NB, Alakkas A.	Thyroid dysfunction status post interferon therapy in hepatitis C patients	International Journal of Advanced Life Sciences 2013;6(4):375-9. ISSN 2277-758X.
10	Albaker WI, Almubarak Y, Ammar K.	Thyroid storm with rare cardiac presentation: 10 years Intensive Care Unit experience: Case series	Life Sci J 2012; 9(4):4555-8.
11	Albaker WI.	Hypocalcemia induced by interferon therapy in chronic hepatitis C: Case Report.	J Fam Community Med 2012;19:141-4.
12	Albaker WI.	Helicobacter pylori infection and its relationship to metabolic syndrome: is it a myth or fact? Review article.	Saudi J Gastroenterology 2011;17(3):165-9.



#	Name of Investigator(s)	Research Title	Publisher and Date of Publication
13	Alfadhli E, Koh A, Albaker WI, Bhargava R, Ackerman T, McDonald C, Ryan EA, Shapiro AM, Senior PA.	High prevalence of ovarian cysts in women receiving sirolimus after clinical islet transplantation	Transplant Int 2009;22(6):622-5.

#### Refereed Scientific Research Papers Accepted for Publication

#	Name of Investigator(s)	Research Title	Journal	Acceptance Date
1	Albaker WI.	Assessment of body mass index vs. body fat percentage in detecting obesity related comorbidity in the eastern province, Saudi Arabia: a cross-sectional study.	Bahrain Medical Bulletin.	December 2014.

#### Completed Research Projects

#	Name of Investigator(s) (Supported by)	Research Title	Report Date
1	Albaker WI, Ismail MH (University of Dammam)	NASH: Prevalence in Type II Diabetes Mellitus	November 2014
2	Albaker WI, Al-Khamis F. (University of Dammam)	Treatment of diabetic neuropathy by laser.	November 2014
3	Albaker WI, Almansori M, Alkhalifah A, Abduljabbar A. (Non-budgeted research).	The Association Between Fractures and Cardiovascular Risk Factors in Osteoporotic patients – A Sample from Saudi Arabia	November 2014

#### Current Researches

#	Research Title	Name of Investigator(s)
1	The role of microbiota in Type 2 diabetes in the Eastern Province of Saudi Arabia.	Al-Muhanna FA, Ali A, Al-Sultan AI, Albaker WI, Al-Elq A, Alali A.
2	Safety and efficacy of long-term use of antithyroid medication for hyperthyroidism: 20 years experience	Albaker WI, Alabdullah R
3	Prevalence of obesity in Al-Khobar campaign	Albaker WI, Khamees A
4	Vitamin D genetic polymorphism and Type II diabetes	Albaker WI, Al-Elq AM, Alali A.
5	Efficacy of real world usage of the ACCU-Check Combo system in patient with Type 1 and Type 2 DM previously treated with multiple daily insulin injection.(International trial)	Albaker WI
6	Phase II randomized trial of using Desferol in Thalassemia patient.(International trial)	Albaker WI, Al-Sultan O.
7	The natural history of insulin treatment in Type 2 Diabetes Mellitus(International vision trial)	Albaker WI, Al-Elq A.



### Contribution to Scientific Conferences and Symposia

#	Conference Title	Place and Date of the Conference	Extent of Contribution
1	Advanced Diabetic Technique Meeting.	Paris, France, January 2015	Attendant.
2	Endocrinology Society Meeting	San Francisco, USA, 2014	Attendant.
3	American Diabetes Association Meeting	Chicago, USA, 2014	Attendant.
4	European Diabetes Association Meeting	Vienna, Austria, 2014	Attendant.
5	Saudi License Examination preparation course	King Fahd Hospital of the University (KFHU), Al-Khobar, Saudi Arabia. 2012-2013	Chief Organizer & speaker
6	Advanced Diabetes Technology (ADTA)	Paris, France, 2013	Attendant
7	American Society of Endocrinology	San Francisco, USA, 2013	Attendant
8	Diabetes Awareness Campaign & Obesity Awareness Campaign	KFHU, Saudi Arabia, 2012	Chief Organizer & speaker
9	American Diabetes Association (ADA) Middle East Conference	Dubai, UAE, 2012	Attendant
10	European Diabetes Association (ESAD)	Berlin, Germany, 2012	Attendant
11	Saudi Diabetes & Endocrinology Association (SDEA)	Al-Khobar, Saudi Arabia, 2012	Speaker
12	Update in acromegaly and neuroendocrine tumors	Dubai, UAE, 2011	Speaker
13	International Diabetes Federation (IDF)	Dubai, UAE, 2011	Attendant
14	European Diabetes Association (ESAD)	Vienna, Austria, 2011	Attendant
15	Saudi Diabetes & Endocrinology Association (SDEA)	Al-Khobar, Saudi Arabia, 2011	Speaker
16	American Society of Endocrinology	San Francisco, USA, 2011	Attendant/Presented a poster
17	Advanced Diabetes Technology (ADTA)	London, UK, 2010	Attendant
18	American Society of Endocrinology	Houston, USA, 2010	Attendant
19	Annual Update in Internal Medicine	KFHU, Al-Khobar, Saudi Arabia, 2010	Organizer / Speaker
20	Saudi Diabetes & Endocrinology Association (SDEA)	Al-Khobar, Saudi Arabia, 2010	Speaker
21	Annual Update in Internal Medicine	KFHU, Al-Khobar, Saudi Arabia, 2009	Organizer / Speaker
22	American Society of Endocrinology	Washington, USA, 2009	Attendant
23	Annual Update in Internal Medicine on Endocrinology	KFHU, Al-Khobar, Saudi Arabia, 2009	Chief Organizer / Speaker
24	American Society of Endocrinology	San Francisco, USA, 2008	Attendant



#	Conference Title	Place and Date of the Conference	Extent of Contribution
25	Saudi Diabetes & Endocrinology Association (SDEA)	Al-Khobar, Saudi Arabia, 2008	Speaker
26	Annual Update in Internal Medicine	KFHU, Al-Khobar, Saudi Arabia, 2008	Organizer / Speaker
27	American Board Review Course	New York, USA, 2006	Attendant

### Membership of Scientific and Professional Societies and Organizations

#### International:

- Member, American College of Physicians, USA, since 2003
- Member, American College of Clinical Endocrinologist, since 2008
- Member, American Endocrine Society, since 2008
- Member, Royal College of Physicians and Surgeons, Canada, since 2008.
- Member, American Diabetes Association, USA, since 2008.

#### National:

- Member, Saudi Diabetic and Endocrine Association, AlKhobar, KSA, since 2008

### Teaching Activities

#### Undergraduate

#	Course/Rotation Title	No./Code	Extent of Contribution (no. of lectures/Tutorials. Or labs, Clinics)
1	Internal Medicine I	MDMD 451	Bedside clinical teaching & Lectures
2	Internal Medicine II	MDMD 501	Bedside clinical teaching & Lectures
3	Internal Medicine III	MDMD 601	Bedside clinical teaching & Lectures

#### Brief Description of Undergraduate Courses Taught: (Course Title – Code: Description)

1	<u>Introduction to Medicine Course (MDMD 451):</u> A 6-credit-hour course that extends over a 6-week period and is offered to the 4th-year medical students for 4 rotations per year. The course emphasizes history-taking and physical examination.
2	<u>5th-year Clerkship Course in Medicine (MDMD 501):</u> A 6-credit hour course that is taught over a 6-week period and given to the 5th-year medical students for 6 rotations per year. The course objectives are to teach basic skills and the main subjects in Internal Medicine.
3	<u>6th Year Clerkship Course in Medicine (MDMD 601):</u> A 10-credit-hour course in Medicine that lasts over 9 weeks and is offered to 6th year medical students for 4 rotations per year. The course concentrates on patients' management, follow-up and principles of therapeutics.



## Postgraduate

#	Course/Rotation Title	No./Code	Extent of Contribution (no. of lectures/Tutorials. Or labs, Clinics)
1	Saudi Board in Internal Medicine		Clinical teachings, postgraduate lectures, case presentations, unit activities, OPD clinics (Diabetic & Endocrinology clinics)
2	Arab Board in Internal Medicine		Clinical teachings, postgraduate lectures, case presentations, unit activities, OPD clinics (Diabetic & Endocrinology clinics)

### Brief Description of Postgraduate Courses Taught: (Course Title – Code: Description)

1	Saudi Board in Internal Medicine: Postgraduate course in Internal Medicine accredited by the Saudi Commission for Health Specialties. It is a four-year course and trainees are assigned to the Internal Medicine Units and to the various subspecialty units on rotation basis. Trainees are given extensive teaching during the daily ward rounds, subject reviews, case presentations, unit activities, clinic-pathological meetings, seminar and state of art lectures. They are also assigned to the OPD clinics on rotation basis under the supervision of the consultants. At the end of the training, Saudi Board in Internal Medicine degree is awarded to the trainees.
2	Arab Board in Internal Medicine: Postgraduate course in Internal Medicine accredited by the Arab Board for Medical Specialization based in Damascus, Syria. It is a four-year course and trainees are assigned to the Internal Medicine Units and to the various subspecialty units on rotation basis. Trainees are given extensive teaching during the daily ward rounds, subject reviews, case presentations, unit activities, clinic-pathological meetings, seminar and state of art lectures. They are also assigned to the OPD clinics on rotation basis under the supervision of the consultants. At the end of the training, Arab Board in Internal Medicine degree is awarded to the trainees.

### Course Coordination

#	Course Title and Code	Coordination	Co-coordination	Undergrad.	Postgrad.	From	to
1	Introduction to Medicine (MDMD 451)	✓		✓		2008	2013
2	Saudi Board in Internal Medicine	Program Director			✓	2010	2013
3	Arab Board in Internal Medicine	Program Director			✓	2010	2013

### Administrative Responsibilities, Committee and Community Service (Beginning with the most recent)

#### Administrative Responsibilities

#	From	To	Position	Organization
1	2013	Date	Chairman, Department of Internal Medicine	College of Medicine, University of Dammam



#	From	To	Position	Organization
2	2010	2013	Coordinator of Internal Medicine Residency Program for Eastern Province	Saudi Commission for Health Specialties
3	2010	2013	Program Director for Residency Training Program	Department of Internal Medicine, King Fahd Hospital of the University, Al-Khobar, Saudi Arabia
4	2006	2008	Chief Fellow	Endocrinology Department, University of Alberta, Edmonton, Canada
5	2004	2006	Chief Resident	Medicine Department, University of British Columbia, Vancouver BC, Canada

#### Committee Membership

#	From	To	Position	Organization
1	2010	2013	Convenor, Postgraduate Committee, Department of Internal Medicine	KFHU
2	2008	Date	Examination Committee, Department of Internal Medicine	KFHU
3	2008	Date	Pharmacy & Therapeutic Committee	KFHU

#### Volunteer Work

#	From	To	Type of Volunteer	Organization
1	2012		Chief Organizer of Diabetes Awareness and Campaign	KFHU
2	2013		Chief Organizer of Obesity Awareness Campaign	KFHU
3			Active participation in publishing several health awareness article in public newsletters	Several newsletter and newspapers.
4			Involved in social interviews	Saudi TV channel and radio
5	2013		Founder of Medical You Tube series for community health awareness about common disease during holy Ramadan.	You Tube
6			Founder of preparation course for Saudi License Examination for medical interns and extensive medicine review course for medical students.	KFHU

#### Personal Key Competencies and Skills: (Computer, Information technology, technical, etc.)

1	Good knowledge in computer applications.
2	Active in Twitter.

#### Last Update

30<sup>th</sup> December 2014