



# Zahra Hassan H Almaoaber

Lecturer

## Personal Data

Nationality | Saudi

Date of Birth | 25/1/1985

Department | Community nursing department

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Office Phone No. |0

## Language Proficiency

Language	Read	Write	Speak
Arabic	Excellent	Excellent	Excellent
English	Excellent	Excellent	Excellent
Others			

## Academic Qualifications (Beginning with the most recent)

Date	Academic Degree	Place of Issue	Address
2011-2013	Master degree of mental health	Mental health nursing	University of Sydney
2002-2007	Bachelor degree	Nursing	King Saud university

## PhD, Master or Fellowship Research Title: (Academic Honors or Distinctions)

PhD	
Master	How does stigma affects the lives of people with schizophrenia An integrative literature review
Fellowship	

## Professional Record: (Beginning with the most recent)



Job Rank	Place and Address of Work		Date
Lecturer	Imam Abdulrahman bin Faisal university		June 2014
Demonstrator	University of Dammam		September 2008

#### Administrative Positions Held: (Beginning with the most recent)

Administrative Position	Office	Date
Co-chairperson of Awareness of community service unit		September 2017 September 2016
Member of the professional development and career excellence unit		September 2016

#### Scientific Achievements

##### Published Refereed Scientific Researches (In Chronological Order Beginning with the Most Recent)

#	Name of Investigator(s)	Research Title	Publisher and Date of Publication



### Refereed Scientific Research Papers Accepted for Publication

#	Name of Investigator(s)	Research Title	Journal	Acceptance Date

### Scientific Research Papers Presented to Refereed Specialized Scientific Conferences

#	Name of Investigator(s)	Research Title	Conference and Publication Date

### Completed Research Projects

#	Name of Investigator(s) (Supported by)	Research Title	Report Date

### Current Researches

#	Research Title	Name of Investigator(s)
	Emotional intelligence	



### Contribution to Scientific Conferences and Symposia

#	Conference Title	Place and Date of the Conference	Extent of Contribution
1.	Skill of dealing with work burnout	The deanship of education development at the Imam Abdulrahman bin Faisal university Oct 22 2017	<b>attendant</b>
2.	Activation of the World Mental Health Day	Social welfare House in Dammam Oct, 10 2017	<b>Participate</b>
	Developing core competencies in Teaching and learning in higher education	The deanship of education development at the Imam Abdulrahman bin Faisal university April 2017	<b>attendant</b>
3.	9 <sup>th</sup> Science and Technology Festival	Sultan Bin Abdul-Aziz Science & technology Center 27/3-5/4 -2017	<b>Participate</b>
4.	Introduction of Spss	The deanship of education development at the Imam Abdulrahman bin Faisal university 28/2-7/3/2017	<b>attendant</b>
5.	Emotional intelligence	The deanship of education development at the Imam Abdulrahman bin Faisal university Nov, 29th 2016	<b>attendant</b>
6.	The pursuit of Excellence in mentoring in higher education	The deanship of education development at the Imam Abdulrahman bin Faisal university Oct 14 <sup>th</sup> 2016	<b>attendant</b>
7.	Using multiple choice items to test higher-order thinking skills	The deanship of education development at the Imam Abdulrahman bin Faisal university Oct 18 <sup>th</sup> 2016	<b>attendant</b>
8.	2nd International Women mental health conference	Air base hospital Feb23-25 2016	<b>attendant</b>
9.	Avoiding Common Teaching mistakes	University of Dammam March 10th 2015	<b>attendant</b>



10. Health education in mental health	Al Amal complex November 2014	<b>attendant</b>
11. How to publish your research	University of Dammam December 17 2014	<b>attendant</b>
12. course of Update of Forensic Psychiatry.	Al Amal complex Sep 2014	<b>attendant</b>
13. course of Update of Forensic Psychiatry	Al Amal complex Sep 2014	<b>attendant</b>
14. course and workshop of Autistic disorders in children.	Al Amal complex June 2014	<b>attendant</b>
15. Updates of the diagnosis of mental health illness DSMV	Al Amal complex April 2014	<b>attendant</b>
16. Nursing Addiction course	Al Amal complex 15-19 /6/2014	<b>attendant</b>
17. course of Psychosis diagnosis and treatment	Al Amal complex March 2014	<b>attendant</b>
18. International Women mental Health conference	Air base hospital Jan 2014	<b>attendant</b>
19. Activities of international Day for Mental Health Symposium.	Al Amal complex December 2013	<b>attendant</b>
20. Mental health in practice	King fahd hospital of the University Al –Kobar 2009	Participate
21. Work shop of wound care	King Fahd hospital of the University Al –Kobar 2009	Participate



22. Certificate of attendance symposium	King fahd hospital of the University Al –Kobar 2008	Attendant
23. Theories Updates & Issues In caring for the Elderly		
24. Certificate of attendance symposium World TB day	Dammam Central Hospital 2008	Attendant
25. Certificate of attendance symposium	Saud Al-Babtain cardiac Center Dammam 2008	Attendant
26. Cardiac medication & calculation Nurses		
27. Certificate of attendance BLS	King Fahd hospital of the University Al –Kobar 2008	Attendant
28. Certificate of attendance symposium (Update In Pediatrics And Neonatology Conference)	Qatif Central Hospital, 2007	Attendant
29. Participation in the International Nursing symposium (on day surgery Accredited by the Saudi commission for health specialties)	security Forces hospital Riyadh, 2007	Attendant
30. Participation in the symposium on( Innovative health care in clinics Accredited by the Saudi council for health specialties)	Security Forces Hospital Riyadh, 2006	Attendant
31. Certificate of attendance Nursing symposium :(Stepping Forward Excellence in care	King Faisal Specialist Hospital & Research Center, Riyadh, 2006	Attendant



#### Membership of Scientific and Professional Societies and Organizations

- Cancer organization
- Saudi Psychiatric association

#### Teaching Activities

##### Undergraduate

#	Course/Rotation Title	No./Code	Extent of Contribution (no. of lectures/Tutorials. Or labs, Clinics)
	Critical care nursing		Clinical tutorials



	Medical Surgical nursing		Clinical tutorials
	Psychiatric mental health nursing	1610-331	Clinical tutorials
	Fundamental nursing		Clinical tutorials
	Pediatric nursing		Clinical tutorials
	Community Health nursing		Clinical tutorials

**Brief Description of Undergraduate Courses Taught: (Course Title – Code: Description)**

1	Psychiatric mental health nursing
2	

**Postgraduate**

#	Course/Rotation Title	No./Code	Extent of Contribution (no. of lectures/Tutorials. Or labs, Clinics)

**Brief Description of Postgraduate Courses Taught: (Course Title – Code: Description)**

1	
2	

**Course Coordination**

#	Course Title and Code	Coordination	Co-coordination	Undergrad.	Postgrad.	From	to
	Psychiatric mental health nursing 1610-331		*	*		9/2017	12/2017

**Guest/Invited Lectures for Undergraduate Students**

#	Activity/Course Title and Code	Subject	College and University or Program	Date





### Student Academic Supervision and Mentoring

#	Level	Number of Students	From	to
	3	10	Sep 2017	now
	3	10	Sep 2016	June 2017

### Supervision of Master and/or PhD Thesis

#	Degree Type	Title	Institution	Date

### Ongoing Research Supervision

#	Degree Type	Title	Institution	Date

### Administrative Responsibilities, Committee and Community Service (Beginning with the most recent)

#### Administrative Responsibilities

#	From	To	Position	Organization

#### Committee Membership

#	From	To	Position	Organization

#### Scientific Consultations



#	From	To	Institute	Full-time or Part-time

#### Volunteer Work

#	From	To	Type of Volunteer	Organization

#### Personal Key Competencies and Skills: (Computer, Information technology, technical, etc.)

Communications skills
Ability of conducting research in the field that I work in
Strong background of Microsoft Office products
Learning Ability
Leadership capabilities
Good team worker

#### Last Update

.....26/...11/2017