

# POLICY AND PROCEDURES

Date: 07.08.2019

Revision: 4

**DEPARTMENT : ADMINISTRATION**

**Effectivity:** December 2018

**Supersedes:** 3

**Review Date:** November 2023

**No. of Pages:** 4

**1. TITLE: Free Sexual & Reproductive Health Care Services for Students**

**2. PURPOSES:**

- 2.1 For students to succeed academically, it is crucial that they have access to the resources, care, and guidance they need to look after their sexual and reproductive health.
- 2.2 IAU acknowledges that administration, staff, and students all have responsibility for protecting reproductive health of the students, staff and their families, and various workshops, events etc. should be organized to create awareness amongst the students, staff and community.
- 2.3 All the services informational, educational, emergency, consultancy etc. should be provided free of cost by the university volunteers.

**3. DEFINITION:**

- 3.1 **Reproductive health** refers to a condition of physical, mental, and social wellbeing - and not only the absence of disease or infirmity.
- 3.2 **Sexual health** refers to a state of physical, emotional, mental and social wellbeing; it is not merely the absence of disease, dysfunction or infirmity.

**4. POLICY:**

- 4.1 An affiliate hospital, the King Fahd Hospital of the University (KFHU), will provide all students, and staff with expert, sympathetic, and supportive care in line with the IAU's mission.
- 4.2 IAU will ensure that the medical staff at KFHU is dedicated to treating each student as a whole and offering them services for their reproductive health as well as medical advice.
- 4.3 In the course of an appointment, IAU students are encouraged to address their requirements, queries, and worries.
- 4.5 IAU and KFHU follow the rules of the Kingdom to safeguard a student's right to privacy.
- 4.6 All health services are confidential. All conversations are held in the strictest of confidence provided with support and without judgment.
- 4.7 Student's information is safe with IAU, and it will not be shared with anyone outside of the IAU community without the student's permission.
- 4.8 IAU & its affiliate provide comprehensive health services for sexual and reproductive health screenings which includes:
  - 4.8.1 Breast exams
  - 4.8.2 HIV screening / referral
  - 4.8.3 HPV vaccine

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4.8.4 Pregnancy testing / referral

4.8.5 STI screening / treatment

4.8.6 Well male & female (Pap) exams

4.9 At IAU, all medical records are private and confidential. They can only be transmitted to another institution upon the student's request and with a signed written release form sent to be sent to its affiliate hospital (KFHU).

4.10 IAU's policy is to respect students' right to privacy and will never divulge any information without proper authorization to anyone, including parents, friends, or teaching staff.

## 5. PROCEDURE:

5.1 IAU health services must be accessible to all students without requiring them to travel over a significant distance or for an extended period of time, and they must also offer information and services on prevention, diagnosis, counseling, treatment, and care.

5.2 All enrolled IAU students have access to a range of sexual and reproductive health services through IAU Student Health.

5.3 IAU Student Health Services will offer a wide range of preventative services through its affiliated hospital, including education, counseling, testing, and treatment for specific diseases as well as broad preventive measures including history taking and risk assessment.

5.4 IAU provide immediate and lifelong health by identifying health issues early and providing services.

5.4 IAU with its affiliate hospital will ensure that health issues are caught early to enable effective treatment.

5.5 IAU will make sure that every student has access to the student health services.

5.6 All IAU employees and their families have free access to all the health service provided by the university health center

## 6. RESPONSIBILITIES:

6.1 IAU administration

6.2 Human Resources Department

6.3 Registration and Admission

## 7. ATTACHMENTS: N/A

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8. **DISTRIBUTION:**

9. **REFERENCES**

Prepared by: .....	<b>Date Signed:</b>
Reviewed by: .....	<b>Date Signed:</b>
Concurred by: .....	<b>Date Signed:</b>
Approved by: .....	<b>Date Signed:</b>

