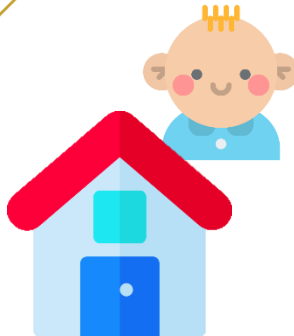




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IMAM ABDULRAHMAN BIN FAISAL UNIVERSITY

مستشفى الملك فهد الجامعي
King Fahad Hospital The University

Home Care After Herniorrhaphy, Hydrocelectomy, or Orchidopexy



What Are Physical Activities That Child Can Practice After inguinal/scrotal surgeries?

The child can do quiet activities in the first day with close supervision.



After 24 hours:

- There are minimal restrictions. He can resume low intensity activities with close supervision for 4 weeks



When Can the Child Return to School?

Child can return to school after 3 - 5 days.



Can the Child take a bath after the surgery?

- A bath with a wet sponge is possible for the first 48 hours after the surgery with proper drying.



- If scrotal surgery, the child can start warm bath tubs the first day after the operation, 3 times/day for 7 days.



What is the correct way for the wound care after the surgery?

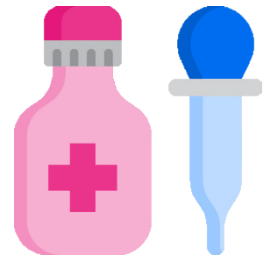
Remove the dressing at home as instructed by the surgeon (usually 2-3 days). There is no special wound care. Keep the area dry and clean.



Note: the stitches used are dissolvable within 2-3 months, no need to remove them.

Is there any medication could be given to the child?

Yes. If pain occurs, give the child pain killer syrup every 6 – 8 hours as per physician advice.



What type of food can the child eat after surgery?

- For one or two hours after surgery, the child can drink water, apple juice, ice cream or Jell-O.



- If tolerated, proceed with a soft diet such as soup or yogurt.



- The next day he may be given a normal diet.



Review and Audit:

The content of this booklet has been reviewed by the Urology Department consultants at King Fahad Hospital of the University.

Health Awareness Unit

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