



جامعة الإمام عبد الرحمن بن فيصل  
IMAM ABDULRAHMAN BIN FAISAL UNIVERSITY

مستشفى الملك فهد الجامعي  
King Fahad Hospital The University

# Circumcision for Infants and Children



## Introduction

Your son will undergo a circumcision using one of three methods:

1. **Gomco** Clamp where excess skin is removed without the need to keep any plastic ring on the penis after circumcision.
2. A plastic ring (**Plastibell**) on the penis which works by depriving the foreskin of its blood supply. The bell will fall off on its own **after 10-12 days**, leaving a fully healed circumcision. A dark brown or black area around the plastic ring is perfectly natural and will disappear after the bell has fallen off.



Your son's penis will look like this just after circumcision with the Plastibell

3. Surgical excision under general anesthesia.

## What to do Before the Circumcision?

- Bath your son as usual in the morning.  
Wash around his genitals.



- Immediately before the time of the operation, change the baby's diaper.
- Have another clean diaper ready for use afterwards.



- Your baby may feed normally up to one hour before the circumcision.



- Bring your baby's pacifier.



# What I do After the Circumcision?

## Bathing

1. No need for bathing on the same day of the procedure.
2. The second day starts with warm baths. (10 min.) 2- 3 times daily for 1 week.



After each bath apply Fucidin ointment around the wound.



- Only Gomco: after 10 days you can pull the skin gently just below the penis head to avoid skin adhesions during healing.
3. You can start a bath if the wound is contaminated with feces or if the child is having some difficulties to pass urine.

## Diaper

- Change the baby's diaper as soon as possible each time it becomes wet or soiled.



## Pain

Give pain killer medication as per your doctor's instruction.



## Activities/Back to School

1. Avoid putting pressure on the penis. Make sure the car seat belt that goes between your son's legs is not too tight.
2. The child can resume school attendance 3-5 days after the procedure.



## Feeding

1. For circumcision under local anesthesia the child can feed immediately after the procedure.
  2. For circumcision under general anesthesia the child can feed after 2 hours post the procedure if not nauseous.
- Note: for children who underwent surgical excision the stitches used are dissolvable and takes 2-3 months to disappear.



## What to Look for?

### Bleeding

There may be a little pink or red staining of the diaper for few hours after the circumcision and again when the Plastibell falls off. In case of excessive bleeding please apply pressure over the wound with clean cloth and bring the child to ER.



### Infection

It is normal for the penis to look swollen and bruised for the first few weeks after circumcision. It may take several months for all the swelling to disappear.



If the penis becomes progressively more **swollen, red and tender** or your child develops a fever (**38.5°C**) Please contact your doctor to rule out infection.



### Note:

a part of the normal healing process is the formation of yellowish scale over the wound which is not considered as an infection.

- An infection will be painful and appear as a swollen wound with redness, hotness and yellowish liquid discharge.



## When to call your doctor?

Call the Urology Department at King Fahd Hospital of the University



**Number:** 0138966666 **Ext. #** 2012 and ask for a Urologist during working hours or proceed to the emergency department if after hours.



## If you notice any of the following:

1. Persistent heavy bleeding.
2. The penis appears red, swollen, and hot to the touch, or is oozing a yellowish discharge.
3. The baby develops a fever or appears to be in pain
4. The baby does not have a wet diaper within 12 hours of the procedure.
5. The Plastibell has not fallen off within 12 days



### Review and audit:

The content of this booklet has been reviewed by consultants of the  
Urology department at King Fahad University Hospital

## Health Awareness Unit

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