



The Role of Social Worker with Cancer Patients

What is Cancer?

It is uncontrolled growth of abnormal cells so they continue to grow permanently and indefinitely, overshadowing the original normal cells of the body or of the affected organ.

There are two types of cancer: **Malignant and Benign**

Advices from the Social Worker:

- 1- Quit smoking
- 2- Maintain a healthy weight
- 3- Eat a healthy diet that includes fruits and vegetables
- 4- Do regular physical activity
- 5- Abstain from alcohol
- 6- Get the HPV and hepatitis B vaccine if you belong to a recommended category.

The Role of Social Worker

- 1- Providing comfort and social care for cancer patients.
- 2- Knowing the needs of patients and solving their issues.
- 3- Helping patients to overcome their feelings of fear.
- 4- Introducing the services of the Saudi Cancer Society and other supportive societies
- 5- Providing support and assistance through daily visits to patients.
- 6- Reducing the psychological, social and moral suffering of cancer patients in the advanced stages
- 7- Familiarizing patients and their families with methods of pain management and palliative care

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