

جامعة الإمام عبد الرحمن بن فيصل IMAM ABDULRAHMAN BIN FAISAL UNIVERSITY

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Advices for diabetes during Ramadan

- Inject a long-acting insulin at Maghrib.
- Drink enough water during night hours.
- Delay Sahour meal as much as possible, preferably before dawn.

Adjusting insulin doses:

- Long-acting insulin (Lantus, Tresiba) →

Health Awareness Unit IAU-22-223