

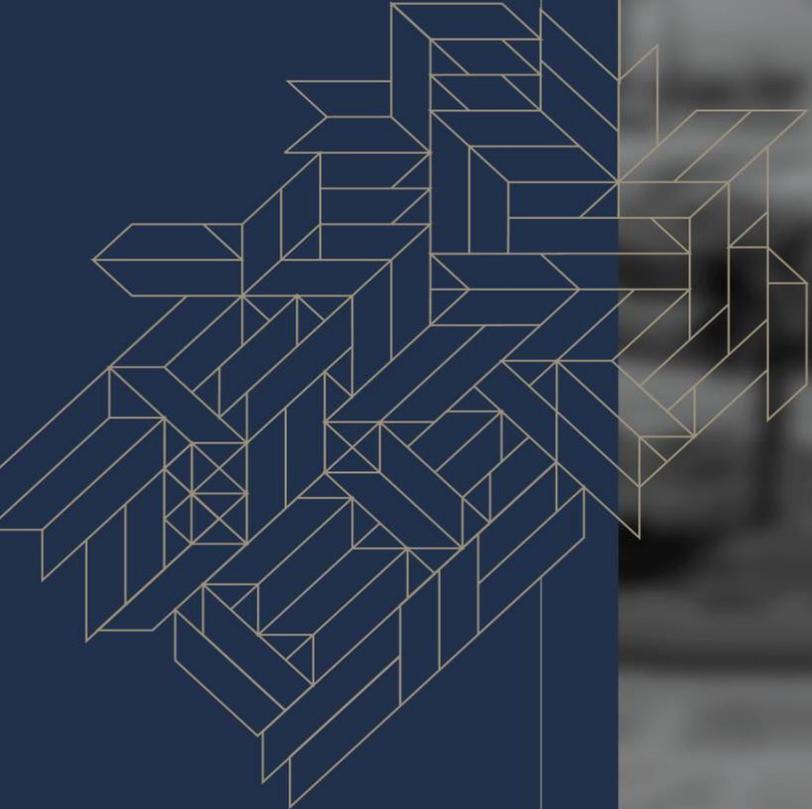


جامعة الإمام عبد الرحمن بن فيصل

IMAM ABDULRAHMAN BIN FAISAL UNIVERSITY

عمادة خدمة المجتمع والتنمية المستدامة

Deanship of Community Service and Sustainable Development



SDG 3.3.4
Sexual and
Reproductive Health
2023-2024

Table of Contents

1. Women Health Clinic – FREE service to all staff and students.....	4
3. Maternal and Child Health Clinical Encounter Program.....	5
4. Raising Awareness Exhibition – Breast cancer	6
5. Pre-marital examination	7
6. Importance of Breastfeeding	8
7. Reproductive Health care – Early detection of Breast cancer.....	9
8. Empowerment program for Mothers.....	9
9. Awareness on Ovarian cancer	10
10. Obstetrics and Gynecology.....	11
11. Test to live Healthy – World AIDS day.....	12

Imam Abdulrahman Bin Faisal University (IAU) provides students access to sexual and reproductive health care services which includes information's and educational services.

Find below some of our services at IAU.

1. Women Health Clinic – FREE service to all staff and students

عيادات طب الأسرة التخصصية

عيادات صحة المرأة



جامعة الإمام عبد الرحمن بن فيصل
 IMAM ABDULRAHMAN BIN FAISAL UNIVERSITY
 مركز طب الأسرة والمجتمع الجامعي
 Family and Community Medicine Center



تقديم العناية المتكاملة
 بصحة المرأة لجميع الفئات العمرية

Provides full services for women
 of all age groups

- Women's Health assessment
- Antenatal care
- Contraception Counseling and Infertility workup
- Gynecological diseases such as PCOS Amenorrhea AUB, Endometrial biopsy and urinary incontinence

- التقييم الدوري لصحة المرأة
- متابعة الحمل
- موانع الحمل؛ فحوصات العقم
- الأمراض النسائية المختلفة (مشاكل أو انقطاع الطمث، تكيس المبايض، سلس البول)

لحجز موعد التواصل عبر الاتصال أو الواتساب
 For appointment contact us via phone or whatsapp

0133335111

لمنسوبي جامعة الإمام
 عبد الرحمن بن فيصل

Women's health clinic provides the following services:

Women's health assessment

Antenatal care

Contraception counseling and infertility workup

Gynecological diseases such as PCOS Amenorrhea AUB, Endometrial biopsy and urinary incontinence

2. Maternal and Child Health Clinical Encounter Program

 جامعة الإمام عبد الرحمن بن فيصل IMAM ABDULRAHMAN BIN FAISAL UNIVERSITY <small>Faculty of Community Medicine Center مستشفى الإمام عبد الرحمن بن فيصل</small>		MATERNAL AND CHILD HEALTH CLINICAL ENCOUNTER PROGRAM	
Effectivity:	11 December 2023	Version:	01
Review Date:	11 October 2025	No. of Pages:	08

1. **TITLE:** Maternal and Child Health Clinical Encounter Program
2. **SCOPE:**
 - 2.1 Maternity and Child Health Program details the pregnant women's experience starting from onset of pregnancy till one year after delivery and the child until two years of age at The Family & Community Medicine Center (FCMC) of Imam Abdulrahman Bin Faisal University (IAU).
 - 2.2 This program applies to the FCMC site with all departments involved in the care process of the pregnant women and her child, which include and not limited to:
 - 2.2.1 Family Medicine Clinic
 - 2.2.2 Clinical Nutrition Unit,
 - 2.2.3 Patient Education Unit,
 - 2.2.4 Urgent Care,
 - 2.2.5 Vaccination clinic
3. **OBJECTIVE:**
 - 3.1.1 Establish a comprehensive Maternal & Child Health Program at FCMC.
 - 3.1.2 Provide clear processing of the patient and child clinical encounter through the routine antenatal visits and post-partum visits and well-baby clinic.
 - 3.1.3 Depict the roles and responsibilities of the staff during this encounter to accomplish program goals.
 - 3.1.4 Identify and manage pregnant patients with varied health needs including high risk pregnancies and conditions. Such as gestational diabetes and hypertension

Maternal and Child health Clinical encounter program policy.

3. Raising Awareness Exhibition – Breast cancer

Raising Awareness Exhibition about Breast Cancer



The College Vice-dean for Development and Community Partnership opened the Breast Cancer Awareness Exhibition in the Blue Hall of the College of Sciences and Humanities, Jubail, on Tuesday, 4/9/1445, corresponding to October 24, 2023.

The exhibition was supervised by the Community Service Unit and in cooperation with the academic departments of the college. The exhibition included intellectual corners and free consultations by specialists in the field from Jubail General Hospital and the Royal Commission Hospital in Jubail that answered visitors' questions and raise their awareness of the necessity of breast cancer screening. The specialists also provided enriching advises about breast cancer.

Moreover, the exhibition hosted an expert nutritionist to speak and educate visitors about the relationship between food and disease in three stages: prevention stage, treatment stage, post-treatment stage and recovery. Healthy freebies, such as nuts and antioxidant fruits, were given to the audience in the right quantities. The exhibition presented statistical questionnaires, enriching information, and a visual nutrition corner for visitors by displaying plastic paintings about the campaign with the participation of the Jubail GESFT Association.

On the sidelines of the exhibition, the Women in Health volunteer team, in cooperation with the Mathematics Department, participated in the walking marathon to enhance awareness about the importance of following healthy lifestyles.

<https://www.iau.edu.sa/en/news/raising-awareness-exhibition-about-breast-cancer>

4. Pre-marital examination



جامعة الإمام عبد الرحمن بن فيصل
IMAM ABDURRAHMAN BIN FAISAL UNIVERSITY

قسم الأحياء بكلية العلوم
BIOLOGY DEPARTMENT AT THE COLLEGE OF SCIENCE

DNA
إدارة الفعالية :

د. أماني القصبي
استاذة لأمراض الجينية المشورت
بجامعة الإمام عبد الرحمن بن فيصل

د. مشاعل النمشان
استاذة بيولوجيا الخلية والتسوية المساعد
بجامعة الإمام عبد الرحمن بن فيصل

مبادرة أسبوع الحمض النووي
٣
٢٠٢٤ م

في نسختها الثالثة للعام 2024م
"تقنيات الحمض النووي: نافذة على الطب والعدالة"

موضوع المحاضرة	المتحدث	تسجيل المحاضرة
فحص ما قبل الزواج	د. حسام قنش	
DATA DRIVEN MEDICINE الطب المدفوع بالبيانات	د. فهد المسند	
حقبة الانسان المعدل وراثيًا [العلاج الجيني وتطبيقاته]	د. عبدالمجيد الرفاعي	

Lecture topic: Premarital examination.

A lecture was given to students about the **importance of Premarital examination** and the importance of doing a premarital examination.

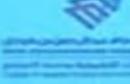
5. Importance of Breastfeeding



The Health Awareness Department organized a campaign to support and encourage breastfeeding, with the aim of spreading awareness about the **importance of breastfeeding** for its importance to the future of the infant as his first line of defense, in the presence of the hospital's medical director, Dr. Majed Al-Abdeli, and the director of medical support services, Dr. Abdullah Al-Ghamlas.

6. Reproductive Health care – Early detection of Breast cancer



ضمن سلسلة اللقاءات الإثرائية لبرنامج تمكين أمهات الأيتام -الدفعة السابعة- ندعوكم لحضور اللقاء الإثرائي بعنوان

الكشف المبكر حياة

بإستضافة

- جمعية السرطان السعودية
- الدكتورة: إيمان بنت محمد الشمري
- تخصص: زراعة أورام الثدي والدرجاجة الترميمية
- مستشفى الملك فهد التخصصي

يوم الثلاثاء 2023.10.24

10:00 صباحاً - 12:00 مساءً

قاعة التدريب صين 75

7. Empowerment program for Mothers






الجمعية الخيرية لرعاية الأيتام بالمنطقة الشرقية

جامعة الإمام عبد الرحمن بن فيصل
IMAM ABDULRAHMAN BIN FAISAL UNIVERSITY

برنامج تمكين أمهات الأيتام

بالتعاون مع الجمعية الخيرية لرعاية الأيتام بالمنطقة الشرقية (بناء)

الكتيب التعريفي
إصدار عام 1445هـ - 2023م

In cooperation with the charitable society for Orphan care in the Eastern Region (Binaa)

8. Awareness on Ovarian cancer



جامعة الإمام عبد الرحمن بن فيصل
 IMAM ABDULRAHMAN BIN FAISAL UNIVERSITY
 وكالة دعم شؤون الطلبة وأنشطة ودعم الطالبات
 Vice Deanship Of Student Affairs For Student Activities And Support

يقدم لكم النادي الرياضي والصحي التابع لوكالة عمادة شؤون الطلبة لأنشطة ودعم الطالبات حملة تثقيفية إلكترونية

تفعيلا لليوم العالمي لسرطان المبيض







The Sports and Health Club of the Deanship of Student Affairs Agency for Student Activities and Support offers you an electronic educational campaign.

<https://x.com/healthclub0/status/1790104677893177419>

9. Obstetrics and Gynecology



In celebration of #يوم_المرأة_العالمي and care for her health Systems

In Al-Khobar, represented by the Obstetrics and Gynecology Department of #جامعة_الإمام_عبد_الرحمن_بن_فيصل, an awareness campaign was launched on this occasion to introduce visitors to the corners to **women's health in general** and the most important preventive examinations for each age group, in addition to raising awareness of their professional health, with the participation of consultants and specialists from the Obstetrics and Gynecology Department and interns at the hospital, in the presence of the Dean of the College of Medicine, Dr. Bassam Awari, Head of the Department, Dr. Noura Al-Qahtani, and Director General of Relations and Media, Dr. Tufail Al-Youssef.

10. Test to live Healthy – World AIDS day



The Health Awareness and Infection Control Department of @IAU_KFHU of @IAU_KSA invites you to attend the World AIDS Day event entitled “**Test to Live Healthy**”.

https://x.com/IAU_KFHU/status/1607428522678566912

