



جامعة الإمام عبد الرحمن بن فيصل  
IMAM ABDULRAHMAN BIN FAISAL UNIVERSITY

مستشفى الملك فهد الجامعي  
King Fahad Hospital The University

@KFHU\_IAU | وحدة التوعية الصحية  
Health Awareness Unit

## World Health Days 2022

Health Day Name	Health Day Start Date	Health Day End Date
1st Quarter		
World Cancer Day	04 February 22	04 February 22
International Epilepsy Day	10 February 22	10 February 22
International Childhood Cancer Day	15 February 22	15 February 22
Saudi Healthy Marriage Day	21 February 22	21 February 22
Colorectal Cancer Awareness Month	01 March 22	31 March 22
World Hearing Day	03 March 22	03 March 22
World Obesity Day	04 March 22	04 March 22
Saudi Walking Day	05 March 22	05 March 22
World Kidney Day	12 March 22	12 March 22
World Oral Health Day	20 March 22	20 March 22
World Down Syndrome Day	21 March 22	21 March 22
World Tuberculosis (TB) Day	24 March 22	24 March 22

For the uploaded materials that match the above health days please  
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## 2<sup>nd</sup> Quarter

World Autism Awareness Day	02 April 22	02 April 21
World Health Day	07 April 22	07 April 22
World Immunization Week	24 April 22	30 April 22
World Asthma Day	07 May 22	07 May 22
World Thalassemia Day	08 May 22	08 May 22
World Hypertension Day	17 May 22	17 May 22
World MS Day	30 May 22	30 May 22
World No Tobacco Day	31 May 22	31 May 22
World Blood Donor Day	14 June 22	14 June 22
World Elder Abuse Awareness Day	15 June 22	15 June 22
World Sickle Cell Day	19 June 22	19 June 22

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### 3rd Quarter

World Hepatitis Day	28 July 22	28 July 22
World Breastfeeding Week	01 August 22	07 August 22
World First Aid Day	12 September 22	12 September 22
World Alzheimer's Day	21 September 22	21 September 22
World Heart Day	29 September 22	29 September 22

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## 4th Quarter

Breast Cancer Awareness Month	01 October 22	31 October 22
International Day of Older Persons	01 October 22	01 October 22
World Sight Day	08 October 22	08 October 22
World Mental Health Day	10 October 22	10 October 22
World Arthritis Day	12 October 22	12 October 22
Global Hand washing Day	15 October 22	15 October 22
International Infection Prevention Week	18 October 22	24 October 22
World Osteoporosis Day	20 October 22	20 October 22
Lung Cancer Awareness Month	1 November 22	30 November 22
World Diabetes Day	14 November 22	14 November 22
World Prematurity Day	17 November 22	17 November 22
World Antibiotic Awareness Week	18 November 22	24 November 22
World COPD Day	20 November 22	20 November 22
World Children Day	20 November 22	20 November 22
International Day for the Elimination of Violence Against Women	25 November 22	10 December 22
World AIDS Day	1 December 22	1 December 22
International Day of Person with Disability	3 December 22	3 December 22

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